Mira Mesa Town Council Newsletter

Volume 42, Issue 11 December 2014

Diverse Christmas Celebrations Around the World

How to say "Merry Christmas" in 6 Languages: Spanish: Feliz Navidad; Philippines: Maligayang Pasko! Vietnamese: Chuc Mung Giang Sinh; Korean: Sung Tan Chuk Ha; Chinese: (Cantonese) Gun Tso Sun Tan'Gung Haw Sun; Chinese: (Mandarin) Sheng Dan Kuai Le.

Mira Mesa has many different types of people, restaurants and cultures all living harmoniously. Here are a few diverse Christmas traditions:

The Philippines The only Asian nation in which Christianity is the predominant religion, celebrations begin nine days before Christmas with a mass known as Misa de Gallo sharing the story behind the birth of Christ. The Panunuluyan pageant is held each Eve. A couple is chosen to re-enact Joseph and Mary's search for shelter. Mass is held hourly on Christmas Day so that everyone can attend. Religious services include pastore, or play, based on the birth of the Christ Child. There are many folk traditions which have changed over the years. Some include: Serenading cumbancheros, or strolling minstrels that end their performances by singing Maligayang Pasko to the tune of "Happy Birthday"; making 3-D "parols" or star lanterns made from thin strips of bamboo and covered in colored thin plastic film to symbolize the guiding star the three wise men followed to find Jesus; which is also the Filipinos' way of inviting the spirit of Christ into their home; Filipino grandparents gather their grandchildren on Christmas Eve or Christmas Day, to toss coins as extra gifts and wishes of prosperity for the new year; **lechon** (roast pig) and **pansit (**noodles) are traditional food.

China In China Christian children decorate trees with colorful ornaments made from paper in the shapes of flowers, chains and lanterns. They hang muslin stockings hoping that Santa Claus "Dun Che Lao Ren" (Christmas Old Man) will fill them with gifts and treats. The Chinese Christmas trees are called "Trees of Light." The non-Christian Chinese are preparing for the Spring Festival (Lunar New Year) celebrated with many festivities including delicious meals and paying respects to their ancestors. Children are a main focus. They receive new clothes and toys, eat delectable food and enjoy firecracker displays.

India Christians in India decorate banana or mango trees. They also light small oil-burning lamps as Christmas decorations and fill their churches with red flowers. They give presents to family members and baksheesh, charity, to the poor. In India, the poinsettia is in flower so churches are decorated with this brilliant bloom for the Christmas Midnight Mass. South India Christians put small clay lamps on the rooftops and walls of their houses at Christmas, just as the Hindus do during their festival called Diwali.

Mexico Christmas is celebrated from December 12th to January 6th with the gran *Posadas*. Posada is Spanish for Inn or Lodging. There are nine Posadas. Each celebrates the part of the Christmas story where Joseph and Mary looked for room in an Inn. Houses are decorated with evergreens, moss and paper lanterns. Children are given candles and a board, with painted clay figures of Mary and Joseph, to process through the streets with. They call at the houses of friends and neighbors while caroling. They are told "there is no room in the house" and they must go away. Eventually they are told there is room and are welcomed in! …then they have a party with food, games, like piñatas, and fireworks. At the final *Posada* on Christmas Eve, a manger & shepherds are added along with "baby" Jesus who is put into the manger. Families then go to a midnight Church service and enjoy more fireworks to celebrate the start of Christmas. Children receive their main presents on *Epiphany,* Jan. 6th, known as "El Dia De Los Reyes (day of the Kings). They eat a traditional cake w/ a figure of baby Jesus hidden inside.

See some United States traditions on page 3….

Mira Mesa Town Council Meeting

- Monday
  December 1st 2014
  7 p.m. - 9 p.m.
  Mira Mesa Library

Agenda:

- **MMHS Madrigals singing**
- **MMMAD Vote**
- **Vote for the 2014 MM Volunteer of the Year.**
- **Refreshments!**

Inside this issue:

President's Message News from around SD Teddy Bear Drive Info from Supervisor Dave Roberts	2
Out & About in MM * Christmas Traditions * Stay Healthy MM	3
Community Calendar	4
MM Volunteer of the Year Nominations	5
Business Members Directory listings	6 & 7
Membership Application	8

2014 MIRA MESA TOWN COUNCIL BOARD OF DIRECTORS

PRESIDENT
Ted Brengel,
President@miramesa towncouncil.org

FIRST VICE PRESIDENT (PROGRAM CHAIR)
Bari Vaz,
Programs@miramesa towncouncil.org

SECOND VICE PRESIDENT (MEMBERSHIP)
Lainie Hardman
Membership@ miramesatowncouncil.org

TREASURER
John Horst,
Treasurer@miramesa towncouncil.org

RECORDING SECRETARY
Jeff Stevens,
Secretary@miramesa towncouncil.org

NEWSLETTER EDITOR
Donna Carter
Newsletter@miramesa towncouncil.org

PARLIAMENTARIAN
Jon Labaw,
Parliament@miramesa towncouncil.org

MEMBERS AT LARGE
Sabrina Bazzo
Eric Kolbeck
Alexander Nguyen
Pam Stevens

MMTC President's Message for December 2014

Happy December! Thank you for voting to re-elect the MMTC Board members who are returning to our positions next year. We make an effective team! Thanks to Alex Nguyen who steps down from the Board in 2015 for his four years of excellent continuous service, two as director at large and two as newsletter editor. I know the inclusion of Nickie Bascos, MMTC representative from FASCA (The Filipino-American Senior Citizens Association), on the 2015 Board will help cement a long-lasting fruitful relationship between our organizations.

Last month I mentioned a growing public safety issue wherein our police department is practically 'hemorrhaging' officers to other police departments in the area with better pay and benefits. Now we have additional information in the form of a detailed report that compares SDPD pay and benefits to those of other departments in the area. I urge MMTC members to view the report at www.sdpoa.org. I wish you all a very joyous holiday season.

From the Desk of SD Supervisor Dave Roberts..

Good news from the Del Mar Fair committee/board, the executive director of the Don Diego Scholarship Foundation, Channa Mannen, announced high school seniors can compete for $2,500 vocational education scholarships at the 2015 Fair. A total of 13 awards will be offered. San Diego needs well-trained people in the trades. It can be tough to find a good plumber, Electrician or carpenter. We need reliable people with those skills and it's great that the Don Diego Scholarship Foundation recognizes this. Since its inception in 1986, the foundation has awarded more than $640,000 in college scholarships and grants for agricultural education. That's an impressive sum! Learn more at www..dondiegoscholarship.org

Thank you!

Dave

24th Annual SD Regional Law Enforcement Teddy Bear Drive

SmileCare dentists in San Diego are collecting new stuffed teddy bears at its eight San Diego-area offices now through December 5 to benefit children undergoing treatment at Rady Children's Hospital.

The SmileCare team of specialists, hygienists and general dentists in eight SmileCare locations are collecting new teddy bears and other stuffed animals for the 24th annual San Diego Regional Law Enforcement Teddy Bear Drive during the holidays to benefit children undergoing treatment at Rady Children's Hospital. The teddy bears are sure to create comforting memories to last a lifetime.

Through December 5, Please can drop off a new stuffed teddy bear, with tags attached, at any of the 8 SmileCare locations.

SmileCare Chula Vista 510 Broadway CV
SmileCare El Cajon I 1242 East Main St. EC
SmileCare El Cajon II 2990 Jamacha Rd. EC
SmileCare Kearny Mesa
3820 Convoy Street SD
SmileCare La Mesa
5601 Grossmont Center Drive LM
SmileCare Mira Mesa
8997 Mira Mesa Blvd. SD
SmileCare Mission Valley
1333 Camino Del Rio S., SD
SmileCare Vista
1010 E. Vista Way Vist

Media contact or more information
Debbie Nicholson
(813) 350-7173

Diverse Christmas Traditions in the United States….

* In Pennsylvania, the Moravians build a landscape, called a putz - under the Christmas tree, while in the same state the Germans are given gifts by Belsnickle, who taps them with his switch if they have misbehaved.
* In Alaska, a star on a pole is taken from door to door, followed by Herod's Men, who try to capture the star. Colonial doorways are often decorated with pineapple, a symbol of hospitality.
* In Boston, carol singing festivities are famous. The singers are accompanied by hand bells.
In New Orleans, a huge ox is paraded around the streets decorated with holly and with ribbons tied to its horns.
* In Hawaii, Christmas starts with the coming of the Christmas Tree Ship, which is a ship bringing a great load of Christmas fare. Santa Claus also arrives by boat.
* In Colorado, an enormous star is placed on the mountain, it can be seen for many kilometers around, while in Bethlehem, Pennsylvania, a star is lit in early December.
* Polish Americans on Christmas Eve spread hay on their kitchen floor and under the tablecloth to remind them of a stable and a manger.
* Many south-west areas follow a Mexican tradition called Las Posadas. Families form processions and visit their friends' and neighbors' homes while playing out the parts of Mary and Joseph searching for somewhere to stay and place lighted candles in paper bags filled with sand on streets and rooftops to light the way for the Christ Child.
http://www.santas.net/aroundtheworld.htm

MM Library December Events

Gingerbread House Fun—Tuesday, Dec. 16, 6:30pm. Create your own gingerbread house! Fun for the family. Call library to RSVP, 858-538-8165.

eReader Clinic, Thursday, Dec. 11, 3pm. Learn how to check out free library eBooks to your eReader, tablet, smart phone or computer. Bring your own device for assistance.

Kids' Crafts(age 5+) — Mondays, 4-5pm; Dec. 1, 8, 15.

Bumblebee Time Stories & Play(18-36 months w/ adult), Fridays, 10:30am, Dec 5, 12, 19

PJ Storytime (Preschoolers). Wednesdays, 6:30pm, Dec 3, 10, 17

Modern" Line Dancing (Teens/Adults). Wednesdays, 4:30-5:30pm, Dec 3, 10, 17

ESL Conversation (Teens/Adults) Wednesdays, 6-7pm, Dec 3, 10, 17

Dyanna Smith Memorial Scholarship Fund

The Mira Mesa Women's Club has started a scholarship fund in memory of Dyanna Smith, a dynamic, enthusiastic, and caring leader of the club and active Mira Mesa volunteer, who passed away April 14, 2014 of pancreatic cancer at the age of 64. Dyanna's passions were education, the library, and the arts. There is a Facebook page for the Dyanna Smith Memorial Scholarship Fund, which states Dyanna "was an amazing mentor, volunteer, and had a positive attitude that lit up a room. She was a great friend."

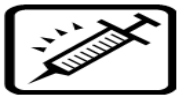
The goal is to award $1,000 scholarships to female Mira Mesa High School seniors for study in career or technical education, based on their community service and financial need. For more information, contact Charlene Ellsworth, Mira Mesa Womens Club MMTC rep, omaopa83@gmail.com; 858-245-3194 (cell).

MMTC Presentation by Wilma Wooten, M.D. SD County Public Health Officer

Stay Healthy Mira Mesa

From the MMTC Council Minutes.. At MMTC.org
A lot of infectious disease info in news lately. San Diegans need to prepare for Flu Season, Nov to March, and not worry about Ebola (low risk in SD). 70 deaths from flu in San Diego County last year. Most over 65/ No children. What to do: * Get age appropriate vaccinations or Nasal spray alternative. Takes two weeks to be effective. Cannot get sick from a flu shot.

* Wash hands regularly for at least 20 seconds. * Careful to not Touch eyes, nose, mouth w/ unclean hands. Alternative is alcohol-based hand sanitizer.
Pertussis is another concern for San Diegans w about 1500 cases so far this year. Children especially susceptible. Best way to prevent is with vaccines for all ages.
Health Information at www.sandiegocounty.gov/hhsa/programs/phs/



Dec. Events

Teddy Bear collections at SmileCare offices till December 5th

Mira Mesa HS Madrigals will be singing to open the MMTC Dec. Meeting

MMHS Concerts:
Orchestra Dec 9
Band Dec 11
Choir Dec 16

Future Events of Interest...

Save the Dates

TET Festival
February 22, 2015

Night Market-Food Fair on a Stick
March 14th, 2015

Filipino Sun Festival April 4th, 2015

December 2014

Farmers Market @ MMHS on Tuesdays 4pm to 7pm

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Mira Mesa Town Council – 7pm, @ Mira Mesa Library **Vote for the VOY**	2	3 Pajama Story Time MM Library 6:30+ Library every Wednesday	4	5	6
7	8 Kids Crafts – Mira Mesa Library @ 4pm	9 Chess Club 4-5pm MM Library every Tuesday MMHS Orchestra Winter Concert. 7 PM. MMHS Theatre.	10	11 Christ Comm. Church food for families in need. MMHS Band Winter Concert. 7 PM. MMHS Gym	12	13
14	15 Kids Crafts – Mira Mesa Library @ 4pm	16 MMHS Choir concert . 7 PM MMHS Theatre.	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			
30						

Mira Mesa 2014 Volunteer of the Year Nominations: VOY vote at December MMTC meeting

Julius Hitchens – Julius Hitchens has been involved with the American Youth Soccer Organization (AYSO) Region 285 of Mira Mesa for over 17 years. He has held several positions within the organization, such as Coach Administrator and Division Coordinator, and currently sits on the Board of Directors as Assistant Regional Commissioner. He has also been a referee for AYSO soccer games.

Mira Mesa AYSO plays host to one of the largest soccer tournaments in the region, the Top Gun Tournament, held annually on Memorial Day weekend, where Julius can be seen as Top Gun Tournament Director and Coach. His boys (BU19) and girls (GU19) teams both medaled (second place) in this year's Top Gun Tournament.

Julius has spent the past 10 years coaching the Mira Mesa High School Boys Varsity and JV Soccer teams, and he currently coaches the Girls varsity and JV Soccer, too. Julius is also involved with the Mira Mesa High School Boys and Girls Golf teams, having coached both for eight years.

Julius represents AYSO at the monthly Mira Mesa Recreation Council meetings. Julius has volunteered as a member of the Board of the Tiburon Homeowners Association in northwest Mira Mesa for the last 11 years.

Julius and his family have resided in Mira Mesa for 20 years. Julius and his wife, Shelly, have a son, Court, 21, and a daughter, Mandy, 19, who are both now SDSU students. Julius is a realtor and Shelly assists as a notary at their family business, Top Gun Realty, located at Camino Ruiz and Capricorn in Mira Mesa.

Lily Supnet - Lolita "Lily" Supnet has been an active volunteer at the Verne Goodwin Mira Mesa Senior Citizens Center since 1998, as well as with the Filipino-American Senior Citizens Association of San Diego North County and the Mira Mesa Golden Friends, the two non-profit groups which in addition to organizing cultural and social activities jointly manage the Senior Center.

Lily has lived in Mira Mesa for 22 years, since she and her husband, the late Resty Supnet, immigrated to the United States from the Philippines in 1992. Lily and Resty soon became involved with FASCA, the Mira Mesa Golden Friends, and the Mira Mesa Senior Center. In 1993 Resty founded the Fil-Am World War II Veterans Federation of San Diego County, and Lily assisted him with that, as well.

Lily has been a member of FASCA since 1994 and the Golden Friends since 1996. Lily served as FASCA president from 2006 – 2001 and for four years as Chair of the Senior Center's Board of Governors. Lily held other offices with FASCA and the Board of Governors prior to becoming the leader of both: FASCA Board member at large, Treasurer, and Vice-president, and Board of Governors Secretary and Vice-Chairman.

Most recently Lily has served as a Golden Friends representative on the Board of Governors as well as a daily Center volunteer. Lily is the mother of 12, eight sons and four daughters, six of whom now also live in the United States, 19 grandchildren, and 2 great-grandchildren. Lily Supnet is an active and enthusiastic Mira Mesa volunteer, helping seniors, Filipino-Americans, and the community as a whole.

Margaret Prouty – Margaret Prouty has a green thumb and a caring heart. The results show not only in the garden of her Mira Mesa home where Margaret and her husband, Richard, have lived since 1998, but also in the way she has transformed the formerly disastrous landscaping at the Mira Mesa Police Storefront /RSVP headquarters, into a beautiful, low-water-use butterfly garden. It has blossomed under her care.

Born in Melbourne, Australia, Margaret met her husband, Richard, when she was living in England. Margaret and Richard lived in a variety of locations as they raised their growing family of four sons, while he pursued a career in computers and she taught French, Russian, and ESL. Margaret and Richard have lived in Norfolk, Virginia, Los Angeles, Oklahoma, and Hesperia CA, before settling in Mira Mesa for the past 16 years. They have seven grandchildren.

After moving to Mira Mesa Margaret worked in educational assessment and in research regarding assisted living for seniors. Margaret joined the Scripps Ranch Gardening Club, which meets monthly at the Scripps Ranch Library, and was an active member of the club for about ten years.

In 2011 both Richard and Margaret Prouty joined the Mira Mesa Scripps Ranch Retired Senior Volunteer Patrol (RSVP). Margaret made beautifying the grounds of the Police Storefront her project. Even after returning home from the hospital following major surgery for breast cancer, within a week Margaret was again working in the garden. She has done a spectacular and amazing job, and anybody who knows Margaret understands this is her passion.

Business Members Directory

Foodstuff

Finest City Kettlecorn
8729 Blue Lake Drive
San Diego, CA 92119
(619) 480-0880 Tom Yanagihara
poppingcorn@cox.net

Kona Ice Little San Diego
12906 Hideaway Lane
San Diego, CA 92131
(858) 275-3075 John Rodriguez
jrod@kona-ice.com.

YogurtLand Mira Mesa
8220-F Mira Mesa Blvd
San Diego, CA 92126
(858) 566-6100
YLMiraMesa@gmail.com

Personal/Family Service

Being Fit Fitness Centers
8292 Mira Mesa Blvd
San Diego, CA 92126
(858) 549-3456
beingfitmm@hotmail.com

Brengel Productions
11975 Thomas Hayes Ln.
San Diego, CA 92121
619-985-4094
Ted@TedBrengel.com

California Real Estate & Mortgage
9460 Mira Mesa Blvd #L
San Diego, CA 92126
(619) 309-7883 Al Karim Shivji
al@sd-realtor.com

Harmonium
9245 Activity Rd #200
San Diego, CA 92126.
(619) 743-5513. Ian Diazchavez,
idiazchavez@harmoniumsd.org.

Magical Moments Professional DJ Services
7435 Andasol St.
San Diego, CA 92126
(858) 353-1287 Mark James,
Djmarkjames@aol.com

Mira Mesa Chamber of Commerce
P. O. Box 261848
San Diego, CA 92196
(858) 429-5759 Bari Vaz
info@MiraMesaChamber.com

Mira Mesa Lanes
8210 Mira Mesa Blvd
San Diego, CA 92126
(858) 578-0500 Christy Balla
cballa@miramesalanes.com

Mobile Notary Public
8490 Westmore Rd., Ste. 354
San Diego CA 92126
858-361-9096 Linda Smith
lsmithnotary@att.net

Mojo's Gymnasium
8830 Miramar Rd., Ste. C
San Diego CA 92126
(858) 527-0445 Joseph Conti
mojosgym1@hotmail.com

Relay for Life/Mira Mesa Ranch Peñasquitos
(858) 382-4245 Gail M Hernandez
giggles030553@yahoo.com

SICFIT San Diego
8990 Miramar Rd., Ste. 150
San Diego, CA 92126
(858) 225-5850 Allison Barragan
allison@sicfitsandiego.com

Clubs

Black Mountain Democratic Club
P.O. Box 261988
San Diego, CA 92126
(858) 689-9185 Jerry Ollinger
jerryollinger@hotmail.com

FASCA
8640 Mira Mesa Blvd
San Diego, CA 92126
858-271-9385 Nickie Bascos

Friends of Los Peñasquitos Canyon Preserve Pat Watkins
pwatkins2008@gmail.com

Kiwanis Club of Scripps Mira Mesa
9974 Scripps Ranch Blvd., Ste. 28
San Diego, CA 92131
(858) 752-2338 Marcelle Rhinesmith
mnmfish@sbcglobal.net

Mira Mesa Girls Softball
PO Box 261857, San Diego, CA 92196-1857. (858) 382-8306 Kristi Navarez,
mmgirlssoftball@gmail.com.

*** Mira Mesa Theatre Guild**
P.O. Box 261482
San Diego, CA 92196-1482
(858) 222-4815 Trey Barkley
info@miramesatheatreguild.org

Mira Mesa West Little League
8820 Scorpius Way
San Diego, CA 92126
(858) 342-9398
marybethmacnaughton@gmail.com

Mira Mesa Women's Club
P.O. Box 26013 San Diego, CA 92126
(858) 578-1416 Charlene Ellsworth
San Diego, CA 92126

Mira Mesa Youth Baseball
PO Box 261344 San Diego, CA 92126.
(619) 249-7393. Allyson Adamo-Parsons
allysonparsons@gmail.com.

San Diego Clown Conspiracy
10444 Cheviot Ct
San Diego, CA 92126
(858) 433-7421 Edward Estrin
lomaxaclown@gmail.com

San Diego Executive Lions Club
12414 Darkwood Rd.
San Diego, CA 92129.
(858) 231-3561. Helen Quintanilla
lionheleng@gmail.com.

Education

Mira Mesa High School Foundation
PMB 264 10606-8 Camino Ruiz
San Diego, CA 92126
858-735-3923
miramesahighschoolfoundation.org

San Diego Miramar College
10440 Black Mountain Rd.
San Diego, CA 92126
(619) 388-7358 Sonny Nguyen
tvnguyen@sdccd.edu

Cambridge Learning Center,
10717 Camino Ruiz Ste 140
San Diego, CA 92126-2362.(
619) 501-5501. William Do
cambridgecenter@yahoo.com.

United Studios of Self Defense
9870 Hibert St., Ste. D7
San Diego, CA 92131
(858) 271-8677 Collin Purple
ussdscripps@gmail.com

White Tiger Kung Fu
9605 Kearny Villa Rd., Ste. B
San Diego, CA 92126
(858) 695-1640 Dan Luong
info@whitetigerworld.com

Church/Faith Ministries

Buddhist Tzu Chi Foundation
5754 Pacific Center Dr., Ste. 202
San Diego, CA 92121
(858) 546-0578 Peggy Joh
tzuchisandiego.calendar@gmail.com

Christ Community Church
9535 Kearny Villa Rd., Ste 101
San Diego, CA 92126
(858) 549-2479 Darrell Dunlap
pastordarrell@gotochrist.com

Christ the Cornerstone Lutheran Church and Academy
9028 Westmore Road
San Diego, CA 92126

Community Bible Church
9625 Black Mountain Rd., Ste. 307
San Diego, CA 92126
(858) 549-7729 Pastor Brendan Prout
brendan.prout@sandiegocbc.org

Mira Mesa Christian School
9696 Candida St
San Diego, CA 92126
(858) 578-0262 Terri Clark
admin@miramesacs.com

Mira Mesa First Assembly of God
9696 Candida St
San Diego, CA 92126
(619) 829-4487 Barbara Lorrigan
lorrigans@hotmail.com

Mira Mesa Presbyterian Church (MMPC) Pastor Brad Roth
8081 Mira Mesa Blvd
San Diego, CA 92126
(858) 578-2150
mmpcusa@sbcglobal.net

New Ad Rates—Business Card Size

One Issue - $25.00, **Three Issues** (Buy 2, Get 1 Free) - $50.00, **Full Year** - $150.00 (Buy 6, Get 5 Free) - To place an

Newbreak Church
10791 Tierrasanta Blvd., Ste. 104
San Diego, CA 92124
(858) 576-0007 Darrel Larson
darrel@newbreak.org

River of Faith Ministries
9938 Via Pasar Ste. 200
San Diego, CA 92126
(858) 527-0014 Lorna Ignacio
lornat.ignacio@yahoo.com

San Diego Children's Choir
6635 Flanders Dr., Ste H
San Diego, CA 92121
(858) 587-1087 Donna Icenhower

Medical/Dental Services

Children's Dentistry of San Diego
10717 Camino Ruiz Ste 103
San Diego, CA 92126
(858) 536-1111 Tina Nguyen
fos4@sunnysmilez.com

Operation Samahan Inc
2835 Highland Ave., Ste. B
National City, CA 91950
(858) 356-8383 Mohammad Rahman
acct@operationsamahan.org

Miramar Chiropractic and Health Center
Dr. Robert Simmons
9550 Black Mountain Rd., Ste. E
San Diego, CA 92126
(858) 566-2446
simmons_chiro@sbcglobal.net

Operation Samahan Inc,
2835 Highland Ave Ste B,
National City CA 91950,
(858) 356-8383, Mohammad Rahman,
acct@operationsamahan.org.

Planned Parenthood of the Pacific Southwest Jamie Schroer
1075 Camino del Rio South
San Diego, CA 92108
(619) 881-4654
jschroer@planned.org

Sorrento Valley Pain Relief Center
5955 Mira Mesa Blvd., Ste. D
San Diego, CA 92121
(858) 404-5944 Mandeep Walia
svprc@yahoo.com

Turning Point Pregnancy Resource Center
5440 Morehouse Dr., Ste. 2000
San Diego CA 92121
(858) 457-7800 Camille Cassin
camille@mmpregnancy.org

Contributing Business Members

*** Collins Family Jewelers Inc.**
8220 Mira Mesa Blvd., Ste A
San Diego, CA 92126
858-578-6670 Cynthia Collins
cynthiacfj@sbcglobal.net

Motec Auto Care
7936 Carroll Rd., Ste. A
San Diego, CA 92121
(858) 578-4300 Debbie Wright
debbie@motecautocare.com

California Coast Builders
2204 Garnet Ave., Ste. 204
San Diego, CA 92109
(858) 750-2777 Pete Tsambasis
petet@californiacoastbuilders.com

Cookie Lee
14528 Glenville St.
Poway, CA 92064
(858) 231-2439 Christina Zamora
czamora65@gmail.com

Country Inn and Suites
5975 Lusk Blvd
San Diego, CA 92121
(858) 200-1954. Rhiza Vinoya
rhiza.vinoya@countryinns.com.

Easy Turf
2750 La Mirada Drive
Vista, CA 92081 Heather Ruvolo
(760) 745-7026 x341
hruvolo@easyturf.com

EF International
10455 Pomerado Rd., Ste. M-4
San Diego, CA 92131
(858) 689-9700 Tania Tucharsky
tania.tuchapsky@ef.com

Hawaiian Crafts and Gifts,
7752 Backer Rd San Diego, CA 92126.
(858) 344-4792 Vanina Danga,
thecandlewahine@yahoo.com.

Instant Imprints / Grant Bertoson
6635 Flanders Dr., Ste. A
San Diego, CA 92126
MiraMesa@InstantImprints.com

Mira Mesa Shopping Center
8294 Mira Mesa Blvd
San Diego, CA 92126
(858) 271-4682 Brett Feuerstein
brett@mesacenters.com

Mission Federal Credit Union
8198 Mira Mesa Blvd.
San Diego, CA 92126.
(858) 524-2850. William Holbrook
WilliamH@missionfed.com

Phamatech
10151 Barnes Canyon Rd.
San Diego, CA 92121
(858) 643-5555 Ricky McCabe
rmccabe@phamatech.com

Property Gallery
9396 Mira Mesa Blvd., Ste. B
San Diego, CA 92126-4836
(858) 271-8400 Marvin Miles
mmiles5050@aol.com

Rancho Costa Verde
3361 Calle Odessa, Carlsbad, CA 92009.
(760) 277-2622. Janett Johnson,
janett@buysanfelipe.com.

Raneri and Long Roofing Company
13881 Highway 8 Business
El Cajon CA 92021
(619) 561-3110 Kim Pauley
info@rlroofing.com

*** RC Realty of San Diego**
8250-B Mira Mesa Blvd
San Diego, CA 92126
(858) 722-9322
Scott & Brooke Chambless
brookesdca@gmail.com

San Diego County Credit Union
6545 Sequence Drive
San Diego, CA 92121
(858) 597-6218 Sarah Bilyeu
sbilyeu@sdccu.com

State Farm Insurance
8240 Mira Mesa Blvd., Ste. G
San Diego, CA 92126
(858) 695-8000 Albert Quiroga
albert.quiroga.tb4y@statefarm.com

Tom's Snakes
PO Box 261640
San Diego, CA 92196.
(619) 933-1213 Tom Derr
tomrderr@gmail.com.

Top Gun Realty
11231 Camino Ruiz
San Diego CA 92126
(858) 578-6540 Julius Hitchens
julius@san.rr.com.

TOPS / Richard Prouty
proutyr@live.com

Vulcan Materials Western Division
3200 San Fernando Road
Los Angeles, CA 90065
(323) 474-3202 Michael Linton
LintonM@VMCMAIL.com

*** Walgreens Pharmacy**
10787 Camino Ruiz
San Diego, CA 92126
(858) 437-0761 Eric Nau
Mgr.11654@store.walgreens.com

Xanesti Technology Services LLC
11075 Ice Skate Pl
San Diego CA 92126
(800) 804-6852, John Horst
info@xanesti.com

*** Businesses offering discounts to MMTC members**

Collins FAMILY JEWELERS
Proud to be one of Mira Mesa's longest running businesses.
Family owned and operated in the Mira Mesa Mall for over 35 years!
Tues-Sat 10-6
Closed Sundays & Mondays
578-6670
Mira Mesa's personal family jeweler since 1978.
collinsfamilyjewelers.com

Let us help your business GROW!

As an official MMTC business member, We would like to have high-lights about your business in our newsletter. Contact the editor for more information.

Mira Mesa Town Council
PMB 230
10606-08 Camino Ruiz
San Diego, CA 92126

issues@miramesatowncouncil.org
www.MiraMesaTownCouncil.org

Please send items for publication to:
newsletter@miramesatowncouncil.org

Mira Mesa Town Council — Annual Membership Application

Primary Member/Contact Name _____

Companion Member Name(s) _____

Business/Corporation Name _____

E-mail Address _____

Address _____

Phone Number _____

City _____

State/Zip Code _____

Business/Cell Number _____

Date _____

Membership Type (check one):

❑ Individual ❑ Companion ❑ Senior/Military/Student ❑ Corporate/Business
❑ Combined MMTC/MMCC (Corporate/Non-Profit Only)

If you choose a joint membership with the Mira Mesa Chamber of Commerce, you will be contacted to provide additional information required for your Chamber application. Joint memberships are restricted to Corporation/Business or Non-Profit organizations.

Rates (annual membership begins July 1 and ends June 30):
(Pro-rated membership applies to first time members only; all renewals are for the full amount)

Any resident, business, or non-profit may join the Mira Mesa Town Council; members with addresses outside the Mira Mesa Community will be non-voting associate members. The Mira Mesa Town Council is a non-profit volunteer organization. Membership dues are used to defray the cost of operations such as printing and distributing the newsletter, maintaining the website (www.MiraMesaTownCouncil.org) and other approved council expenses.

Join Between:	Individual	Companion/Senior Military/Student	Corp/Bus	Corp/Bus Joint MMCC	Non-Profit Joint MMCC
July 1 - Sept 30	$20.00	$10.00	$50.00	$150.00	$90.00
Oct 1 - Dec 31	$15.00	$7.50	$37.50	$112.50	$67.50
Jan 1 - Mar 31	$10.00	$5.00	$25.00	$75.00	$45.00
Apr 1 - June 30	$5.00	$2.50	$12.50	$56.25	$22.50

Amount $_____ Cash / Check #_____ There will be a $25 fee for all returned checks.

Mira Mesa Town Council
PMB 230
10606-08 Camino Ruiz
San Diego, CA 92126

The MMTC would like to thank the Mira Mesa Shopping Center, LLC for their continuing support in providing postage for the MMTC newsletter.