Volume 45 Issue 5 June 2016

MIRA MESA TOWN COUNCIL NEWSLETTER

Mira Mesa Town Council Mtg.
Monday, June 6, 2016
7:00-9:00 p.m.
Mira Mesa Library
Refreshments @ 6:30 p.m.
Special Guest:
Councilmember Chris Cate

THOUGHT FOR THE DAY:

"Nothing is impossible, the word itself says *'I'm possible'!*"
- Audrey Hepburn

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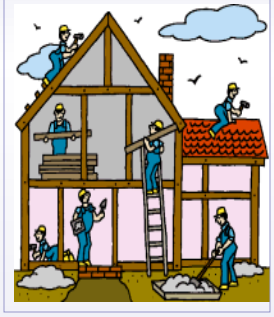
"*HOME SWEET* (RENOVATED) *HOME*" ADDING VALUE TO OUR NEIGHBORHOOD



We look for value in all aspects of our lives – from the clothes we buy to the retailers we patronize, even the neighborhoods we live in. As you drive around Mira Mesa you'll likely notice several of your neighbors making upgrades to their houses/properties. These changes can vary from simple landscape modifications to major renovations. However, there's a lot to consider before starting any improvement process.

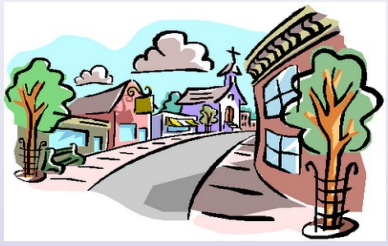
Increase Your Property Value:
Upgrading your home is one of the most profitable decisions you can choose since it adds value to your home and neighborhood. A well maintained, upgraded home is a positive reflection on your street and often encourages those around you to assume the same pride of homeownership and community.

Reduce Maintenance and Utility Costs:
Among the advantages of upgrading your home are the benefits of reducing maintenance and utility costs. Home repair costs often increase significantly when maintenance is ignored or postponed too long, but by starting an improvement project when a problem first appears, it will often save you from additional expenditures. Replacing windows, doors or siding will result in greater security and a higher level of energy efficiency. When you replace outdated and insufficient insulation with newer and more efficient materials, your energy savings will be substantial over time too.

Some of the projects we hold dear to our hearts are the ones with the lowest percentage of cost recouped: namely family room additions, bathroom additions, and master suite addition.

According to *Consumer Reports*, 52% of real estate professionals consider the kitchen the most important room to upgrade, while 42% consider the bathroom to be the most important room. On a national average, minor mid-range kitchen remodels run about $19,000 and major remodels go for $57,000. Minor mid-range bathroom remodels cost about $17,000. Major bathroom additions--this means adding 48 sq. feet of all-new space--cost about $40,000.

At a minimum, count on approximately 18 days for a mid-range bathroom remodel. For kitchens, the "best case scenario" is one month, with a more realistic time frame being 2 to 6 months.



Another approach to improving your neighborhood is to improve its walkability. Although you can't move your neighborhood closer to shops, restaurants, and offices, you can add value to your neighborhood by maintaining a quick and comfortable route you can walk to stores, schools, restaurants, offices, and parks.

Having shops and gathering spots like schools and restaurants located within a quarter-mile to one-mile from the homes in your neighborhood can add from $4,000 to $34,000 to home values, according to "Walking the Walk," a study from CEOs for Cities, a nonprofit that works to improve cities.

There are several simple things you can do as a homeowner. Trim shrubbery that's blocking the sidewalk in front of your house. Pick up trash and litter as you walk along. Support initiatives in your town to build new sidewalks and repair existing sidewalks.

We are always looking for ways to add value to our lives. What might start with a home renovation can develop into an interest in upgrading our schools, which can lead to contributing our time to a neighborhood watch group, etc. There are endless possibilities to making improvements to our homes, to our neighborhood, to our community. With a little effort from everyone, we can add even greater value to our already amazing neighborhood.

2016 MIRA MESA TOWN COUNCIL BOARD OF DIRECTORS

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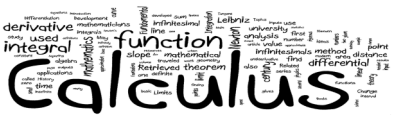
MMTC President's Message for June

Here we are again—summertime! It's a fabulous time of year, but now the kids are out of school and we have to come up with things to do. While I can't offer a lot of new ideas, I will urge you to make the Mira Mesa Library an element of your summer plans as well as the Mira Mesa Gil Johnson Recreation Center. Both of these are sponsoring some fine summer programs for our youth. Check them out. Our June meeting will feature the activities of the Mira Mesa Recreation Council. This is a meeting everyone should attend. Bruce Brown will update us on the many ongoing changes to our community recreational facilities and discuss those planned for the future. He will, for example. tell everyone about that big hole across from the park that many think is a swimming pool. More importantly, he will explain the relationship of the Rec Council to other community organizations and the San Diego Park and Recreation Department. Let me mention something not so pleasant. There is a quiet monster among us; quiet, but nonetheless horrible! And while none of us like talking about it, sex trafficking is here, lurking among us. The people who make this horror possible are by no means invulnerable. In fact, they are much like the insect vermin we combat all our lives. They can't stand light. San Diego is launching a frontal attack on these wretched creatures starting with lectures at our libraries. The first one in Mira Mesa will occur before this is published, but please look for more in the future. The light we have is our knowledge of the habits and telltale signs of these vile creatures coupled with our ability to report what we observe. Please be a part of the solution. The first step is education. For more information, please contact Barbara Schwartz at the library. Here's an interesting question. What does the Mira Mesa Town Council do for its members? In short, what are the benefits of membership? This is an important question and I believe that the answer is: Mira Mesa Town Council members contribute to the healthy growth of their community by participating in our meetings and events and by expressing their opinions about community issues. Certainly paying the very small dues required is a part of the contribution of members, but there are other things that MMTC does and in which our member participate. If our elected officials want to communicate they do that at the MMTC meetings. True, there are other sources of that same information, but none that are truly interactive. That is a very important aspect of attending Town Council meetings, and there are others. MMTC meetings are where one will find out about the latest developments in the growth of our community from the Planning Group and about recreation issues and opportunities from the Recreation Council, again, in an interactive forum where comments and criticism are not just tolerated, but are actually invited. In addition, a number of other community groups are invited to enlighten us each month, including the City Attorney Neighborhood Prosecution Unit, the Mira Mesa Branch Library, and the Mira Mesa Cluster Schools Council. We also hear from the Mira Mesa Theatre Guild about their activities and from the Mira Mesa Women's club. All other Mira Mesa organizations are invited to request an agenda spot. In short, the Mira Mesa Town Council through our meetings, and our newsletter, represents the most complete active interchange of information and ideas about our fine community available. It truly represents the heartbeat of the community. But that's not all. MMTC sponsors three events each year that help define Mira Mesa for a great many people. These are the Volunteer of the Year Program including the annual Volunteer of the Year Dinner, the 4th of July Parade and Family Fun Day, and finally, the Mira Mesa Street Fair. These events take literally thousands of volunteer hours in planning and execution. And while that may seem like a lot of hard work, at the same time it's also a lot of fellowship—friends and neighbors working together in the spirit of Community. So, work? Yes! A challenge? Yes! Fun? Yes! Fulfilling? Yes! There is nothing like participating in a community event to give a volunteer a true sense of accomplishment of something important. And don't forget, we are always looking for more volunteers. There is plenty of work to go around. One more important thing that MMTC does for its members and in some cases non-members as well. We provide a wealth of information for and about Mira Mesa. The newsletter you are reading is one element of MMTC communications and another is our ever growing and changing website, www.MiraMesaTownCouncil.org. We also issue bulletins occasionally advising members of upcoming events. If there is something you would like to know about Mira Mesa, just go to the MMTC Website and you will find it. If that ever proves not to be the case, drop us a note at Issues@ MiraMesaTownCouncil.org and we'll find the information you seek and post it (or post a link to it). No traffic rant this month, but please, especially with the kids getting out of school, DRIVE Safely.

Have a fantastic June!!

SCHOOL & STUDENT ACHIEVEMENTS:

59TH ANNUAL HIGH SCHOOL HONORS MATH CONTEST



On April 16th, several Mira Mesa High School students participated in the "59th Annual High School Honors Math Contest" held at the University of California, San Diego. The students came from Advanced Integrated Mathematics 3, Honors Precalculus, AP Calculus AB, and AP Calculus BC. Our school's winner Wilson Do, came from Advanced Math 3! The contests were advertised by teachers of those classes. The students competed against 19 other schools, including Torrey Pines, Scripps Ranch, La Jolla, University City, Mount Carmel, and Westview High School. The students were escorted by MMHS math teacher, Mr. Leven. *Congratulations to the all of the Mira Mesa High School students who participated!!*

FIVE 7TH GRADE GIRLS WIN EXPERIENCE A TECH TREK SUMMER CAMP

Approximately one hundred 7th grade girls were nominated by their teachers for a special Tech Trek science and math camp this summer. Teachers volunteered to screen the forty-two essays that were submitted. A special thanks goes to Mr. Whalen, Mrs. Kaping, and Mrs. Evans for reading all of the essays. Fourteen students were then interviewed by volunteers from the American Association of University Women.

There were many qualified students this year that they gave the school one more space at the camp than last year. They love our girls so much that instead of the usual 3 spaces, they awarded 5 spaces to us! Congratulations to the following students who will spend a week living on the campus of the University of California at San Diego (UCSD). It's a prize worth $5000! And more importantly, they will have a great time with hands-on activities in rotating labs and field trips with mentors from a variety of science, math, and technology fields.

Kiana Griffin - Mitzy Martinez - Caleigh Rae Johnson - Maya Alfaro - Lelicia Booker - (*The Alternate is Karimeh Gutierrez.)* Thank you to Mr. Bauer, Ms. Ryan, Mrs. Vitale, Ms. Winchell, and Mrs. Gandy for organizing this event for our young scientists!

TEN STUDENTS SELECTED FOR ALL-COUNTY HONOR CONCERT

Congratulations to the following ***ten*** Challenger students who participated in the All-County Honor Concert. The Challenger Advanced Orchestra received the Superior Distinction Award at their competition which is the highest honor that can be bestowed. Mr. Foster, Monica Nowak, and these students have worked hard to achieve this honor These band and orchestra students auditioned in March and were selected among the best middle school musicians in San Diego County.

The Ten Students Were:
Nathan Kaplan, trumpet
Janine Petalber, trumpet
Dillon Halpin, flute & played piano
Jenna Nguyen, bass
Hannah Kiam, bass
Shelby Hardman, viola
Janene Kim, viola
Sean Garong, violin
Ruzenell Mina, violin
Indrianna Drummond, violin

AWARDS & RECOGNITION:

A Special Honor for Two Mira Mesa High School Teachers

MMHS Drama teacher, Daniel Kriley was honored at the 12th annual Crystal Apple Awards, on May 11. Student Hannah Bahr nominated Mr. Kriley. In Hannah's presentation speech she commented on Mr. Kriley's resolve to always provide the best for his students. Mr. Kriley helps his students gain confidence as student actors and as persons.

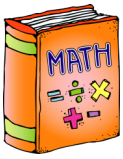
MMHS mathematics teacher Dan Leven was also honored at the Crystal Apple Awards ceremony. Student Nathan Stearns nominated Mr. Leven. Nathan applauded Mr. Leven for bringing the class from zero confidence to 100% ready for the AP Calculus test and that Mr. Leven supports his students and cares that they do well in Math and in life.

Congratulations to Challenger Teacher of the Year!

Every year, the teachers at each school site nominate a colleague to participate in the district-wide Teacher of the Year program. We are proud to announce that Mr. Daniel Cook has been selected by his peers to represent Challenger Middle School.

Mr. Cook joined the Challenger staff in 2000 and frequently uses technology to enhance student learning. From his science classroom, he often takes students on virtual field trips to places such as tide pools where guides speak about the animals and fauna. Students are able to ask questions and interact in real time with the guides. He also helps to organize the 8th grade East Coast Trip each year. ***Congratulations, Mr. Cook!*** We are very proud of you and know that you'll represent Challenger well at the district competition.

Congratulations to Dawn Douglas for Being the 2016 Wangenheim Middle School Teacher of the Year!



Ms. Douglas was raised in San Diego, loves outdoor activities such as surfing and to beach camp with her dog, Biscuit. She received her BA in Liberal Studies and teaching credential from San Diego State University. In addition, she has earned a K-8 Multi-Subject Credential with a K-9 Self-Contained Mathematics specialization, as well as the CLAD, GATE certificate and is NCLB certified. She has taught at Wangenheim Middle School for 9 years and loves it!

June Meeting Features Scholarship Winners, City Councilman Chris Cate, and Mira Mesa Park Projects

The June 6 Mira Mesa Town Council meeting will begin with the presentation of this year's Mira Mesa Town Council/ Verne Goodwin Scholarship Awards. MMTC awards the college scholarships, named after Mira Mesa's first Volunteer of the Year, Verne Goodwin, to graduating high school seniors from Mira Mesa based on their community service. This year MMTC plans to award three $1,000 scholarships.

In addition, Connie Viado Uht, one of the first MMTC scholarship winners, who now works as office manager and scheduler for San Diego City Councilmember Chris Cate, will give a few remarks about having been one of the first recipients of the scholarship.

San Diego City Councilmember Chris Cate will give a mid-year update on topics of interest to Mira Mesans, including the City budget for the upcoming fiscal year. Cate represents City Council District 6, an area which includes the communities of Mira Mesa, Clairemont, and Rancho Penasquitos.

The meeting will also feature a presentation by Bruce Brown, speaking on behalf of the Mira Mesa Recreation Council, about new park projects in progress for Mira Mesa. The meeting starts at 7pm in the Mira Mesa Library community room. (by Pam Stevens)

POLITICALLY SPEAKING…

FROM THE OFFICE OF CONGRESSMAN SCOTT PETERS

REPS. PETERS, ISRAEL INTRODUCE BILL TO ASSIST FAMILIES CARING FOR AILING

Average out-of-pocket costs for family caregivers is $5,500 per year

WASHINGTON, D.C. –Today, Congressman Scott Peters (D-CA) and Congressman Steve Israel (D-NY) introduced legislation that will provide financial relief for families who are caring for an aging or ailing relative. The Americans Giving Care to Elders (AGE) Act creates a federal tax credit of up to $6,000 to offset elder care expenses for family caregivers.

"In San Diego and across the country, adult children of aging parents are the first and best caregivers to our seniors," said Rep. Scott Peters. "Family members take on this responsibility with love and respect for their parents, but often without any formal guidance or support, which can impact their own careers and financial security. Our proposal will give them the financial relief and important resources they need to care for their aging loved ones."

"Many hardworking New Yorkers are feeling the financial burden of caring for elderly loved ones while being saddled with the expenses of raising their own families," said Rep. Steve Israel. "As the baby boomer generation gets older and requires more care, especially for diseases like Alzheimer's, it is common sense that we provide a tax credit to offset caregiver expenses and give these families much-needed relief." This legislation is endorsed by the National Council on Aging and Stroke Association, the Alzheimer's Association, Jewish Family Service of San Diego, Alzheimer's San Diego, the San Diego Senior Alliance, and Third Way, "Millions of families find themselves as members of the 'sandwich generation,' coping with the challenges and costs of care for elderly parents at the same time they are caring for their own children," said Senator Amy Klobuchar who has introduced similar legislation in the U.S. Senate. "As baby boomers age, these numbers will continue to grow. We must do everything we can to support daughters and sons, and our legislation will help make it easier for them to care for their families."

"I want to thank Congressman Israel and Congressman Peters for their commitment to helping families who struggle with the financial burden of caring for their loved ones who have Alzheimer's and other diseases," said Kathy Scopp-Distler, former caregiver and Ambassador to the Alzheimer's Association, which has endorsed Reps. Israel and Peters' legislation. "The AGE Act will make it easier for families to continue caring for their loved ones by negating some of their expenses and providing them with peace of mind."

In addition to establishing a federal tax credit, the AGE Act will strengthen the National Family Caregiver Support Program (NFCSP), which helps fund direct services to family caregivers. The bill authorizes the NFCSP until 2019 and increases funding from $145.6 million (FY2013-FY2015) to $187 million. Additionally, the AGE Act will increase support for family caregivers by directing the Secretary of the Department of Health and Human Services to establish the National Caregiving Resource Center. The center will be designated as a central clearinghouse where families, public agencies and private organizations can learn about best practices and promising innovations to support families in their caregiving roles.

Congressman Scott Peters
4350 Executive Dr.,
Suite 105
San Diego, CA 92121
858-455-5550

FROM THE OFFICE OF ASSEMBLYMEMBER MAIENSCHEIN:

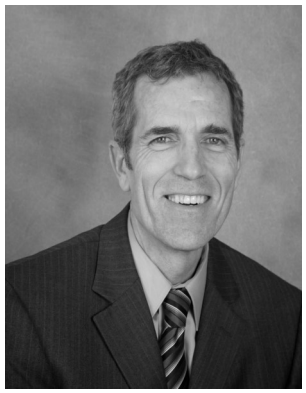
Maienschein Partners with I Love A Clean San Diego for 14th Annual Creek to Bay Cleanup

SAN DIEGO – Assemblymember Brian Maienschein joined I Love A Clean San Diego and 83 volunteers on April 23 for the 14th annual Creek to Bay Cleanup at 4S Ranch Sports Park. "It was great to partner with I Love A Clean San Diego for this year's Creek to Bay Cleanup," said Maienschein. "The Creek to Bay Cleanup is a great opportunity for people to celebrate Earth Month, give back to our local communities, and put their appreciation for the environment into action at more than 100 coastal and inland sites." Maienschein worked side-by-side with volunteers as they picked up trash, debris and recyclables. The Creek to Bay Cleanup is held every April and this year's event included coastal and inland cleanup sites throughout San Diego County. More than 75 percent of the cleanup sites were focused on inland areas, including canyons, waterways, and street sweeps. Assemblymember Maienschein and his daughter Taylin near a pond at 4S Ranch Sports Park. *Assemblymember Brian Maienschein, of San Diego, represents the 77th Assembly District in the California Legislature*

POLITICALLY SPEAKING… (cont.)

FROM THE OFFICE OF JOHN LEE EVANS

GREAT NEW GRADUATION RESULTS FOR MIRA MESA CLASS OF 2016



John Lee Evans,
San Diego Unified Trustee,
District A

We had great news this week. With the more rigorous high school graduation requirements for the Class of 2016 Mira Mesa High has 97% of its graduates on track to graduate. When I came onto the school board in 2008 I hoped we could increase the graduation rate in San Diego Unified, which we have done. It was about 78% ten years ago and last year it was about 89%. But more importantly we wanted to make a San Diego Unified diploma more meaningful. Having students recover credits with diluted filler courses was doing no service to the students who gained a diploma and were still unprepared for college or the workforce.

In 2009 we voted to make the high school graduation requirements for the Class of 2016 in line with the requirements of CSU and UC. We do not expect every student to enter a four year university, but we want all of our students to graduate with that option. Many will go to community college (for which they will now be better prepared) and others will go into technical careers. The added requirements are two years of a world language and one more year of math, as well as one arts course. We are transforming our high schools to better prepare our students and expanding offerings in Advanced Placement, International Baccalaureate, community college courses, UCSD courses and career pathways and internships. Our students will not experience such an abrupt transition after graduation to the world of work or college. It is very clear that when we have higher expectations we have higher results. But, of course, many additional supports were put in place so that students at risk would succeed. The faculty at the high school has done a great job, as well as the elementary and middle school teachers who prepared them for this milestone.

Congratulations Class of 2016! AND…Mira Mesa will celebrate with fireworks on the Fourth of July!

FROM THE OFFICE OF CHRIS CATE

Chris Cate Contact
City Administration Building
202 C Street, 10th Floor
San Diego, CA 92101

Phone: (619) 236-6616
ChrisCate@sandiego.gov

MIRA MESA SENIOR CENTER GETS NEW ROOF

The Mira Mesa Senior Center will be continue to be closed until June 28th for the installation of a new roof and air conditioning unit. As you are aware, access to the building will be prohibited until the work is completed. Existing senior activities have been moved to the Mira Mesa Recreation Center in the Mira Mesa Community Park. The Mira Mesa Senior Center and City's Park & Recreation department have been working together on this project. Our office advocated for the Mira Mesa Senior Center's improvements to be included in last year's budget. Total improvements will be $360,999.11. For additional information, please contact Luis Pallera at LPallera@SanDiego.Gov.

NOTE: Councilmember Chris Cate will be providing a mid-year update at the June 6th Mira Mesa Town Council meeting. The Councilmember will discuss the district's achievements, as well as the district's goals for this coming year. Topics include establishing a robust Neighborhood Watch program and the renaming of Reagan Road to Marauder Way. Councilmember Cate will also be recognizing the Mira Mesa Town Council Scholarship recipients.

IMPORTANT PHONE NUMBERS

GENERAL COUNTY SERVICES INFORMATION
2-1-1 San Diego……..2-1-1

EMERGENCY SERVICES
Police/Fire/EMS……...9-1-1
Poison Control ……..800-222-1222

CRIMINAL ACTIVITY
Police Community Relations Office …..858-538-8120
Suspected Arson …….. 800-472-7766 (47ARSON)
Gangs ……619-531-2847
Graffiti …….. 619-525-8522
Non-emergency crime ……..858-484-3154

UTILITIES
Fire hydrant open ……619-515-3525
Gas leak …….. .800-411-7343
Power/phone line downed …….. .619-811-8081
Tree limbs in power lines ……... 800-411-7343
Animal, dangerous…….619-236-2341
Animal, dead …….. .858-492-5060
…..5pm-7am or weekends & holidays: 619-573-1276
Animal manure (dog) …….. 619-338-2283
Animal, rodents/rats ……..858-694-2888
Building abandoned or dangerous …... 619-236-5500
Car abandoned or inoperative …….858-495-7856

NUISANCES
Animal, dangerous …….. 619-236-2341
Animal, dead ……858-492-5060
Noise (loud) ……..619-236-5564
Code Compliance ……619-236-5500
Trash: uncollected, overflowing dumpster, trash-strewn lot, or recyclables ……858-492-5055

STREETS & ENVIRONMENT
Bus shelter damaged …….. 619-231-1466
Manhole cover missing or damaged ….. 619-515-3525
Street, flooded/pothole ……...…….619-527-7500
Street, sink hole or collapse …….. 619-515-3525
Street, traffic light non-functioning ……619-525-8650
Weeds, overgrowth, fallen trees or clogged storm drain……...619-527-7500

POLITICALLY SPEAKING…(cont.)

FROM THE OFFICE OF COUNTY SUPERVISOR DAVE ROBERTS

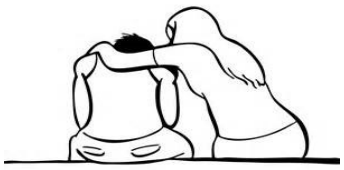
MAY IS MENTAL HEALTH AWARENESS MONTH

Did you know that May is Mental Health Awareness Month? At the County of San Diego, mental health awareness is playing into our meetings, programs and budget. I hope you can join us in removing the stigma from mental illness. Working together, all of us can live well and thrive. Mental Health Awareness Month began in 1949. For 2016, the campaign's theme is "Life with a Mental Illness." Nationwide, mental health professionals are encouraging people to speak up about how it feels to live with mental illness and to tag social media posts with the hashtag: #mentalillnessfeelslike

Organizers hope that if people with mental illness share their feelings, others can understand whether they, too, are showing signs of a mental illness.
In addition to this national campaign, the County of San Diego continues to strengthen its mental health programs and is asking the public for help.
We are in the midst of a public review period for our Mental Health Services Act 2016-17 Annual Update. The review period ends June 2, and a public hearing will be held during the Behavioral Health Advisory Board's meeting at 3:30 p.m. June 2 at the County Administration Center. The Annual Update highlights community program planning, prevention and early intervention, workforce training, innovation, capital facilities and other topics.

Earlier this month, in her presentation of the county's 2016-17 budget, Chief Administrative Officer Helen Robbins-Meyer told the Board of Supervisors that Behavioral Health Services will receive a $59 million increase to its existing program, which exceeds $500 million. If approved by the board next month, the funding increases would reflect our continued commitment to expand services for mentally-ill people. On May 10, at our next Board of Supervisors meeting, we issued formal proclamations to two of our strongest partners, the San Diego and North Coastal chapters of the National Alliance on Mental Illness. Later this month in Escondido, the county will open its North Inland Crisis Residential Center, a modern facility where severely-mentally ill people in crisis can find safety, a bed and the help that they need. Mental illness can affect any person and any family. In 2014, I became the legal guardian of my severely-autistic cousin, Lynn. I am so happy that she is thriving with my family here in San Diego and I can't imagine life without her. Thank you for your compassion and for joining me this month to raise awareness of mental illness.

Supervisor Dave Roberts
1600 Pacific Highway,
Room 335
San Diego, CA 92101



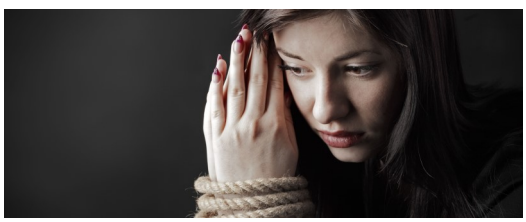
SEX TRAFFICKING RESOURCES AT THE MIRA MESA LIBRARY. CALL FOR HELP: 1-888-373-7888 OR TEXT: BEFREE (233733)

FROM THE OFFICE OF ASSEMBLYMEMBER MAIENSCHEIN:

MAIENSCHEIN BILL TO PROTECT CHILDREN FROM SEXUAL EXPLOITATION ADVANCES

SACRAMENTO – Assemblymember Brian Maienschein announced that his bill (Assembly Bill 1702) to prevent family reunification when a child in foster care has been sexually exploited passed the Assembly with a unanimous vote. "I am pleased that my bill to provide protection for sexually exploited children in foster care passed the Assembly today," said Maienschein. "It is never acceptable for a child to be abused or exploited and this legislation is an important step in preventing more abuse from happening."

Child sex trafficking is a serious problem in California. The FBI has rated three metropolitan regions in the state (San Francisco, Los Angeles and San Diego) as "high intensity child prostitution" areas. Children living in unstable environments are especially at-risk. There are certain cases in which one or both parents are responsible for the trafficking of their child. It is in these specific instances where extra protections for commercially sexually exploited children are needed. When a child enters the foster care system, Family Reunification services are required by federal and state law in most cases.



These services are aimed at reuniting a child with his or her parent or guardian. While protections for commercially sexually exploited children currently exist under state law, it is vital that the law take into account situations where the parent or guardian has participated in the exploitation.

GROUPS & ORGANIZATIONS:

THE MIRA MESA RECREATION COUNCIL? WHO ARE THEY? WHAT THE HECK DO THEY DO?

We are a group of volunteers, your friends and neighbors, from Mira Mesa and volunteer representatives from the various organized recreational sports leagues that use Mira Mesa's twelve parks. We meet eleven months a year (July is our month of rest) at 7:00 PM on the second Tuesday of the month at Lopez Ridge Neighborhood Park. Visitors and their thoughts, comments, concerns are ALWAYS welcome and encouraged to participate in the Recreation Council and our many activities.

Currently the Mira Mesa Recreation Council is made up of ten (10) Members-At-Large and four (4) Organization Members. Anyone interested in joining can ask any member or simply attend a monthly meeting for information on what the requirements are to become a member. We work closely with the San Diego Park & Recreation Dept. local staff. We assist, guide, suggest, and coax and occasionally prod them along. We've even been known to take an occasional cause to the management folks at City Hall. We sponsor Spring Egg Hunts, Halloween Carnivals and Winter Holiday Events. We participate in the 4th of July Carnival and the Mira Mesa Street Fair. We help and assist with the planning and design of future parks, park additions, park remodels and park improvements. In so doing we also necessarily work closely with the San Diego Park & Recreation Dept., Mira Mesa Town Council, Mira

Mesa Community Planning Group, San Diego Unified School District, San Diego Community College District as well as any impacted local home owners and business'.

We also assist in providing programming to suit the Mira Mesa community needs through independent contractors, private rentals and staff run activities. We are a 501 (c)(3) non-profit group and we will gladly accept your tax deductible donations. Through fund raising efforts and funds generated for the Recreation Council by fees for park permits and programs we furnish many of the "extras" for Mira Mesa Parks including shade protection from the sun, park security service, funds to help keep playing surfaces safe and other miscellaneous park needs. We function according to the City Council Policy (700-42) on Recreation Councils as well as the Standard Operating Procedures (SOP) for Recreation Councils as established by City of San Diego Park and Recreation Dept. staff in conjunction with the San Diego City Attorney's office. Bylaws have been voted on and adopted for our non-profit group which reflect both the Council Policy and SOP. Copies of these documents are available from any Recreation Council member or City staff member. Our Vice Chair Bruce Brown will be doing a presentation at the June 6th MMTC meeting to further tell about the MMRC and giving the Town Council an update on the six park projects (totaling over $50 millions) that are coming on line in the next several years.

(by Bruce Brown)

HOW TO GET INVOLVED WITH THE MIRA MESA COMMUNITY PLANNING GROUP

The Mira Mesa Community Planning Group is one of our most important community groups. Its primary responsibility is to write our community plan, and then to review development projects as they are proposed for consistency with the plan. I have been on the planning group most of the time since 1986, and participated in the last community plan update that was completed in 1992 (together with Bruce Brown, Pam Stevens and Mike Kelly among others). Since that time the community plan has served us well, and there have been only a few amendments, all of which have improved the community. What I like most about the planning group is that it lets you see into the future. When a new development starts, most people are surprised and think it just popped out of the ground. In fact, most new development requires years of planning, and so we see project plans many years before they start, at a time when we can make recommendations that make the project better for our community. We are currently reviewing the largest project ever proposed in this community – the Stone Creek project which will be built on the current Vulcan Materials mining site in Carroll Canyon after mining is phased out. How can you become a member of the planning group? First, come to any meeting and give your name and contact information to the planning group secretary and ask to become an "eligible member of the community." You should find applications for this at the meeting. This is like a voter registration, and it allows you to vote for the planning group at the next election, and/ or run for a position on the planning group. Elections are held every two years in March of odd numbered years. Being an "eligible member" also makes you eligible to fill a vacancy if one occurs between elections. Attending meetings will give you some background in how the group operates and give you the experience needed to fill a vacancy or a seat at the next election. See the planning group page on the MMTC website at http://miramesatowncouncil.org/ planning group for more information, an archive of minutes, links to the community plan and other documents, and subcommittee reports.

(by Jeff Stevens)

"The best way to not feel hopeless is to get up and do something. Don't wait for good things to happen to you. If you go out and make some good things happen, you will fill the world with hope, you will fill yourself with hope."

- President Barack Obama

COMMUNITY EVENTS:

MIRA MESA'S GOT TALENT JUNE 4TH

The Sixth Annual *Mira Mesa's Got Talent*, presented by the Mira Mesa Theatre Guild, will offer family entertainment for all ages on Saturday, June 4th, 7 to 10pm in the Mira Mesa High School theatre, 10510 Reagan Road.

Mira Mesa's Got Talent will feature singers, dancers, musicians, and entertainers of all sorts, ages 8 and up, performing solo, in duos, or in groups. There are two divisions by age, youth (ages 8-15) and adult (age 16+). Cash prizes will be awarded to first and second place winners in each division at the June 4 competition, as well as an overall grand prize winner. Winners become ambassadors of MMTG during the next year and perform at a variety of events, including the 4th of July Fun Day in Mira Mesa Community Park, the Mira Mesa Street Fair, and the San Diego Northeastern Communities Pageant.

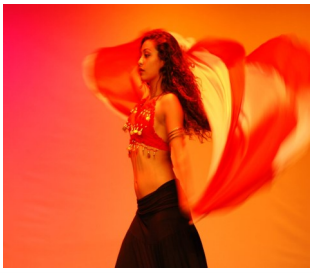
The Mira Mesa Theatre Guild brings *Mira Mesa's Got Talent* back to Mira Mesa High School June 4th in collaboration with MMHS theatre instructor Daniel Kriley and students.

Technical theatre students on the crew will gain real-world experience by working with an outside organization.

MMHS Drama Club students will sell snacks and beverages. All proceeds from concessions benefit the MMHS Drama Club. Tim Arends is the 2016 *Mira Mesa's Got Talent* director; producer is Trey Barkley. *Mira Mesa's Got Talent* will be judged by a panel of celebrity guest judges, including Miss Mira Mesa 2016 Morgan Sibley and former San Diego Chargers center Don Macek, who was inducted into the Chargers Hall of Fame in 2004.

Mira Mesa's Got Talent tickets are available online or at the door. General admission is $20, students/seniors/ military discount $15, children under 5 free.

(Mira Mesa resident Sarahrose Gomez, grand prize winner of Mira Mesa's—Got Talent 2014 Photo by Alexander Nguyen)

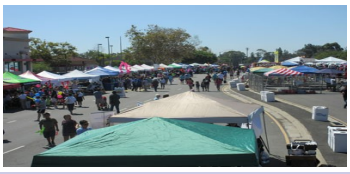


For tickets or other information, see

www.miramesatheatreguild.com

18th ANNUAL MIRA MESA STREET FAIR

Join us for the 18th Annual Mira Mesa Street Fair, Saturday, Sept. 17th, 2016; 10:00 a.m. to 5:00 p.m., Family Fun & FREE admittance. We've expanded with over 150+ vendors and exciting new International food selections. Plus… crafters, community resources & business groups in the Mira Mesa and San Diego community; two performance stages; power packed carnival rides, big construction and fire trucks for little ones to explore; free 'rock painting' and more! Fantastically refreshing is our special MMSF BEER GARDEN for Adults who enjoy local IPA brews plus a new TV prize giveaway from Cort Furniture Rentals. Come to Mira Mesa Blvd & Camino Ruiz near the Mira Mesa Library the third Saturday in September. For more info go to: www.miramesatowncouncil.org > Street Fair; hosted by the Mira Mesa Town Council E-mail: streetfair@miramesatowncouncil.org



MIRA MESA BANNED BOOK CLUB JUNE-JULY

Do you enjoy reading and talking about books? The Mira Mesa Library's Banned Book Club, a book group with a "freedom to read" theme, focuses on books and authors that have been banned or challenged worldwide over the years, as well as other thought-provoking titles. All are welcome, "regulars" as well as "drop-ins" for a particular title! The group meets the last Tuesday of each month, 6:30 – 8pm at the library, 8405 New Salem Street.

Upcoming titles:
June 28, 2016: *Dubliners*, by James Joyce
July 26, 2016: *Things I've Been Silent About*, by Azar Nafisi
For more information, email book group facilitator Pam Stevens, pstevens@san.rr.com, or call the Mira Mesa Branch Library, 858-538-8165.

JUNE 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4 Mira Mesa's Got Talent
5	6 MMTC Meeting Special Guest Councilmember Chris Cate, – 7:00-9:00 pm (MM Library)	7 MMHS Farmers Market 2:30-7:00 pm	8	9	10	11
12	13 Mira Mesa Town Council Board of Directors – 6:45 pm, MMTC Office	14 Flag Day MMHS Farmers Market 2:30-7:00 pm _____ Mira Mesa Recreation Council Mtg. (Lopez Ridge Neigh. Park) 7:00-9:00	15	16	17 Mira Mesa Grad Night	18
19 Father's Day	20 Mira Mesa Community Planning Group Meeting @ 7:00-9:00	21 Mira Mesa High School Graduation MM Women's Mtg 7:00-9:00 Farmers Market 2:30-7:00 Challenger Middle School 8th Grade Graduation	22	23	24	25
26	27	28 MMHS Farmers Market 2:30-7:00 _____ MM Library Banned Book Club 6:30-7:30 pm	29	30		

Mira Mesa Town Council
General Membership Meeting Minutes

1) **Call to order (7:02 p.m.) – Ted Brengel, MMTC president**
2) **Pledge of Allegiance – Congressman Scott Peters**
3) **Recognition of First Responders (SDPD/SDFD):**
   A) *SDPD Northeastern Division - Officer Shannah Oliveras, Community Relations Officer, and Jennifer Duffy, communications dispatcher. 8 burglaries, 30 car break-ins. Don't leave anything of value in car. 10 stolen vehicles. 11 residential burglaries. One in fumigated home. Unsecured rear window. Home remodeled, window open. One forced entry, all others open doors or windows. Don't leave windows open. Two flyers – graffiti, neighborhood watch. 48 MM neighborhood watch signs from Chris Cate.
   B) Jennifer Duffy 911 dispatcher. Many 911 calls coming from cell phones. Wait times – please only call with emergencies. Don't hang up. Number of dispatchers is 31% below state average, and they are the lowest paid, so it is hard to get quality people. Takes 1-1.5 years of training. Beginning salary $17-21/hr. No pension and limited raises because of prop B. Pocket dials – can let them go now. Dispatchers have four 10 hour shifts. Have 41 dispatchers, budgeted for 60. One problem is that marijuana is so socially acceptable that many potential dispatchers cannot be hired because they have used marijuana. Dispatchers talk to about 100 people/day. Belong to MEA. For nonemergencies use online reporting so as not to tie up dispatchers.
   C) SDFD – Dan Frohlich, battalion chief in Mira Mesa. Fire safety - grass is turning brown, more of it this year so more fire danger.
4) **Featured Program: U.S. Congressman Scott Peters, "Report from Congress"**
   A) Appreciates chance to come out. Passed older Americans act, providing serving seniors, meals on wheels, other programs. Preventing crimes against veterans act. Education – repayment loan assistance plan. More student debt than credit card debt now. Want everyone to be able to refinance to no more than 4%. Graduates are delaying careers and family due to student debt. Disaster planning: Preparation saves $4 for every $1 spent. Train station relocation – supportive, needs to be part of SANDAG plan. Maybe reduce 1 mile change to ½ mile. Priorities: Innovation economy, tourism, military, biotechnology. Q: increase in COLA? Supports regular increase. Wants to see campaign financing reform – is too much money. Might do matching of small donations. Probably will not be able to get a budget this year – will work off of Obama/Boehner agreement from last year. Supports no budget/no pay. Student loans cannot be dismissed through bankruptcy.
5) **Special Announcement:** Mira Mesa Library Branch Manager Barbara Schwartz – Invitation to Community Conversation on sex trafficking awareness, intervention and prevention, MM Library community room, Wed May 18, 10-11:30am, continental breakfast provided. RSVP to MM Library, 858-538-8165, or to bschwartz@sandiego.gov. San Diego is one of top 13 cities in country for sex trafficking. Happens everywhere. Library can provide resources. Can provide a place for at-risk women to go. Average entry age is 15 years old. Had an experience with this at one of our libraries – young woman asked for help. Library is a safe place.
6) **Brief Presentation:** State Senator Marty Block, District 39 (Joyce Temporal) – Made presentation to VOY Jim Hearn.
7) **Featured Program: San Diego City Attorney Candidates** – 3 min presentation followed by 2 min question & answers each.
   A) Mara Elliot – Chief district attorney now, for 7 years. Have an advisory and litigation function. In advisory section. City attorney's office has $46 million budget, 146 attorneys. Previously with county. Was general counsel for MTDB; helped get trolley built. Lots of varied experience. Priorities – neighborhood prosecutors. Q: how do you contrast with opponents? A. Doing job now. Has endorsement of deputy city attorney's assn. Also John Witt. Q: had problem with City Attorney's office. Need way to communicate. Cost us ~$11,000 more because of delays. A. Have heard this repeatedly. Want to have deputies coming to meeting. Maybe need a hotline.

Join our MMTC Meetings - 1st Monday of the month!!
Mira Mesa library at 7:00 p.m.

B) Robert Hickey – City is in a great position of opportunity. Mayor is supporting candidacy, also Chris Cate. Son of Navy pilot. Hear from many people that City Attorney's office is difficult to work with. Prop 47 Converted many felonies to misdemeanors – difficult to manage. Have experience in criminal and private law. Appointed by Fed Court to investigate fraud for SEC. Helped get Petco Park past legal obstacles.

C) Rafael Castellanos – private practice business attorney. Experience with land use laws. Turned around Port. Over last 47 years have had City Attorneys that have let us down. Pension problems, 911 problems, lots of problems in the past. Those have led to the position we are in today. Have not had City Attorney with deep experience in land use planning. Port commission's representative to Barrio Logan Planning Group. Have serious dysfunction at City Hall when it comes to planning.

8) Recognition of Elected Officials

A) Councilmember Chris Cate, District 6 (Luis Pallera) – Budget review on Wed May 18. Marauder Way name change has been approved. Belgian Street home will be cleaned up starting in next couple of weeks. Appointed receiver on April 5. Neighborhood watch – encouraging community groups to participate. Asian Cultural Festival this Saturday. May 21 D6 night market.

B) County Supervisor Dave Roberts, District 3 (Harold Meza) - Budget presentation tomorrow for 2016-2017. Decrease since last year. Likely to decrease in next couple of years. June 13 final approval. Honored Service Dog Association (in Sorrento Valley). This Saturday at Liberty Station for Walk for Animals. Also will be at Asian Cultural Festival and D6 Night Market.

9) Government and Community Resources (3 minutes allotted to each group unless otherwise noted)

A) City Attorney, Neighborhood Prosecution Unit – Julio DeGuzman. In criminal division prosecuting misdemeanor crimes. Offer community court. 16 hours of community cleanup. Acceptance rate into program is 70%.

B) Mira Mesa Community Planning Group – Jeff Stevens, Chairman

I) Last meeting – Pedestrian bridge proposed over Mira Mesa Blvd. from MMHS to MM Community Park. Would be possible to do it by moving bridge currently planned over Black Mountain Road from Wangenheim to Miramar College.

II) Update to the Mira Mesa Community Plan will start in early 2017. Will take 3 years to complete.

III) Next Stone Creek subcommittee meeting is on Thursday, May 12 at 6 PM at the library. This will be the first meeting on parks. At the last subcommittee meeting we learned that parks within the project are also serving as biofiltration for storm-water runoff. Schedule of meeting and reports and recommendations are on the website http://miramesatowncouncil.org/planning_group.

IV) MMHS is having a series of meetings to develop a new master plan. Next meeting is Wednesday at 6pm at the MMHS media center. Deciding how to spend money available from propositions S and Z. Priorities noted at first meeting were to build permanent classrooms to replace as many portables as possible, and to build a new bandroom (current bandroom has a capacity of 89 and band has over 200 members).

C) Mira Mesa Recreation Council – Joe Frichtel, Chairman – base locked down tomorrow at 1 pm. Sign says 2:30. May 13th is Miramar College graduation. Top Gun tournament Memorial Day weekend. Mira Mesa Community Park phase 1, Park by Salk elementary, Park by Wangenheim, Canyon Hills under development. Want to rename some parks after community people. 7 projects going on in community next 3 years. Will go through them at MMTC next month.

D) Epicenter (Question to Bruce Brown) – lease is terminated. RFP will come out in 4-6 weeks. Need to write proposal. After that can have workshop. Mira Mesa Civic Center, Theatre, Youth Center. Need to generate $4,000/month. Looking for lease to Mira Mesa Community Foundation.

E) Mira Mesa Cluster Schools Council – Joe Frichtel – next meeting on the 23rd.

10) MMTC Committee Reports and Announcements

A) Treasurer's Report – Bari Vaz distributed detailed report. CD was generating very low interest – will move to another bank.

B) Membership – Lainie Hardman – Please join MMTC if you are not a member. Spread the word.

C) MM Street Fair – Jeff Stevens - MM Street Fair will be on September 17. Subcommittee meetings are the fourth Monday of each month at the community office. First organizational subcommittee meeting was in April. Vendor application to be posted on

website May 15. Will have a beer garden again. If you would like to help plan the event, or can help out at the event, please see Jeff Stevens.

D) Scholarship Committee – Pam Stevens. Deadline for scholarship application is May 11.

E) President's Report, seeking volunteers for MMTC booths at Asian Cultural Festival May 7 and D6 Night Market May 21

11) **Open Forum – Individuals or Community Groups wishing to speak on topics not elsewhere on Agenda** (2 minutes allotted to each individual or group. One speaker per group. Speakers must sign in at Membership Table to be recognized. Listed below are those who have expressed an interest prior to meeting in speaking tonight.)

A) Mira Mesa Theatre Guild – Pam Stevens; Mira Mesa's Got Talent coming June 4 at MMHS, auditions May 17 and May 19 at Gil Johnson Recreation Center in MM Community Park.

B) Relay for Life, San Diego Northeastern Pageant Team – team captain Maria Pankau. Relay is May 21-22, raises awareness and raises funds for fight against cancer of all sorts and provides support for cancer patient, honors cancer survivors and honors memory of all who have fought cancer. MMTC members encouraged to sign up to be walkers on team for an hour or two at some time during day – or night! Will be at Asian Cultural Festival and D6 night market.

C) Mira Mesa resident with concern about being told by City to remove, then re-plant a tree – Gary Roberts said that his in-laws live on Parkdale and had a dead Palm tree in their front yard that they had turned into a planter. A neighbor didn't like the planter and complained to the City, so they removed the tree. Then they were told that because the tree was within 10 feet of the street, it was in the City right-of-way, so it was illegal to remove the tree without planting another, and it must be a tree on the City list of allowable trees. It is a small front yard and they do not want to plant another tree. Motion to write a letter to Chris Cate in support of Mr. Roberts and his in-laws passed 18-1.

D) Ted Brengel - Minutes of April meeting approved.

E) John Horst – has lawn signs available for his campaign for Congress.

Adjournment (9 p.m.)

Neighbor Etiquette 101: How To Be A *Good* Neighbor

Regardless of the type of neighborhood you live in, there are still some basic etiquette rules you should follow to be a good neighbor.

Noise:

- Wait until at least 10:00 to mow your lawn on a Saturday morning.
- Avoid unnecessary noise from any source from 9:00 PM to 9:00 AM. This includes revving car engines, children riding scooters, voices, and whatever else may wake someone from a sound sleep.

Be a good neighbor

- Observe and respect your neighbor's personal space:
- Try not to borrow anything, but if you do, return the item immediately after using it. If you break the item, pay to fix it or replace it.
- Don't be the neighborhood gossip. That's just rude.
- If you have an issue with a neighbor, go directly to that person and discuss it in an adult manner. Don't call the cops unless you are threatened.
- Not everyone is a dog or cat lover, so show responsibility for your pets. That includes keeping them off the neighbor's lawn and picking up after them.
- Remember your neighbors during the holidays with a card or small homemade gift.
- If you and a neighbor have a misunderstanding, make an extra effort to make things right and at least being on friendly terms. A simple wave as you pull into the driveway is sufficient.

Curb Appeal

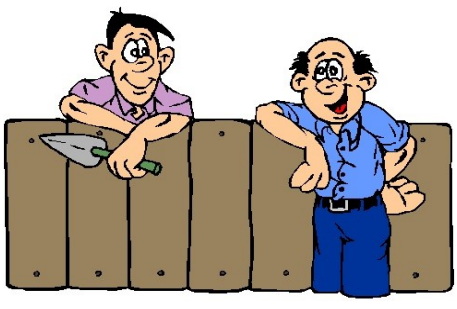
- Mow the lawn. Don't let it get knee-high before doing something about it.
- Remove mold from the exterior walls and paint when necessary.
- Make sure that trees, shrubs, and other elements don't creep into your neighbor's yard. This includes tree limbs, spreading shrubs, and weeds.

Social Events

- Ask your guests to park in the driveway or in front of your house. Make sure they don't block someone else's driveway or use their designated spot in an apartment complex lot.
- Obey noise ordinance laws. If a neighbor calls or comes over and asks you to pipe down, be friendly and apologize. Then quiet down.
- If you are having a big party, you might as well invite the neighbors. It shows that you are a friendly person, it allows you to get to know your neighbors better, and you are much less likely to have complaints.

Welcome New Neighbors

- Introduce yourself as soon as you can. Give the new neighbors your phone number.
- Deliver treats (Ex. Homemade cookies)
- Give the new family a list of services and phone numbers in the area
- When people make an effort to be a good neighbor by following proper etiquette, everyone will have a sense of well-being, knowing you are surrounded by friends. The neighborhood will be more appealing, and you'll be more content in your home. An extra benefit is the security of knowing that you and your neighbors have each other's backs.



MMTC Looking for New 2016 Business Members

Let us help your business GROW!

As an official MMTC business member, We would like to have highlights about your business in our newsletter. Contact the editor for more information. Not a member? Complete business application on the last page.

(Newsletter@miramesatowncouncil.org)

New Ad Rates—Business Card Size
One Issue - $25.00,
Three Issues (Buy 2, Get 1 Free) - $50.00,
Full Year - $150.00 (Buy 6, Get 5 Free) - To place an ad contact:
Newsletter@MiraMesaTownCouncil.org

Business Members Directory

Foodstuff

Finest City Kettlecorn
8729 Blue Lake Drive
San Diego, CA 92119
(619) 480-0880 Tom Yanagihara
poppingcorn@cox.net

Gabina's Cuisine
4902 Royal Island Way
San Diego, CA 92154
(619) 948-0815 Amy Aquino
gabinascuisine@gmail.com

Kona Ice Little San Diego
12906 Hideaway Lane
San Diego, CA 92131
(858) 275-3075 John Rodriguez
jrod@kona-ice.com.

YogurtLand Mira Mesa
8220-F Mira Mesa Blvd
San Diego, CA 92126
(858) 566-6100
YLMiraMesa@gmail.com

Personal/Family Service

Being Fit Fitness Centers
8292 Mira Mesa Blvd
San Diego, CA 92126
(858) 549-3456
beingfitmm@hotmail.com

Brengel Productions
11975 Thomas Hayes Ln.
San Diego, CA 92121
619-985-4094 Ted Brengel
dtb@TedBrengel.com

California Real Estate & Mortgage
9460 Mira Mesa Blvd #L
San Diego, CA 92126
(619) 309-7883 Al Karim Shivji
al@sd-realtor.com

Magical Moments Professional DJ Services
7435 Andasol St. SD, CA 92126
(858) 353-1287 Mark James,
Djmarkjames@aol.com

Mira Mesa Chamber of Commerce
P. O. Box 261848
San Diego, CA 92196
(858) 429-5759 Bari Vaz
info@MiraMesaChamber.com

Mira Mesa Lanes
8210 Mira Mesa Blvd
San Diego, CA 92126
(858) 578-0500 Christy Balla
cballa@miramesalanes.com

Mobile Notary Public
8490 Westmore Rd., Ste. 354
San Diego CA 92126
858-361-9096 Linda Smith
lsmithnotary@att.net

Mojo's Gymnasium
8830 Miramar Rd., Ste. C
San Diego CA 92126
(858) 527-0445 Joseph Conti
mojosgym1@hotmail.com

Relay for Life/Mira Mesa Ranch Peñasquitos
(858) 382-4245 Gail M Hernandez
giggles030553@yahoo.com

SICFIT San Diego
8990 Miramar Rd., Ste. 150
San Diego, CA 92126
(858) 225-5850 Allison Barragan
allison@sicfitsandiego.com

Clubs

Black Mountain Democratic Club
P.O. Box 261988
San Diego, CA 92126
(858) 689-9185 Jerry Ollinger
jerryollinger@hotmail.com

Friends of Los Peñasquitos Canyon Preserve Pat Watkins
pwatkins2008@gmail.com

Kiwanis Club of Scripps Mira Mesa
9974 Scripps Ranch Blvd., Ste. 28
San Diego, CA 92131
(858) 752-2338 Marcelle Rhinesmith
mnmfish@sbcglobal.net

Mira Mesa Girl Scouts
11451 Westonhill Drive San Diego CA, 92126. (858) 336-3181. Kathi Sheldon
kathiisshopping@hotmail.com

Mira Mesa Girls Softball
PO Box 261857, San Diego, CA 92196-1857. (858) 382-8306 Kristi Navarez,
mmgirlssoftball@gmail.com.

*** Mira Mesa Theatre Guild**
P.O. Box 261482
San Diego, CA 92196-1482
(858) 222-4815 Trey Barkley
info@miramesatheatreguild.org

Mira Mesa West Little League
8820 Scorpius Way SD, CA 92126
(858) 342-9398
marybethmacnaughton@gmail.com

Mira Mesa Women's Club
P.O. Box 26013 San Diego, CA 92196
(858) 217-6411 Charlene Ellsworth
San Diego, CA 92126
mmwomensclub@yahoo.com

Mira Mesa Youth Baseball
PO Box 261344 San Diego, CA 92126.
(858) 699-3705. Carlos Weckmann IV
miramesayouthbaseball@hotmail.com.

San Diego Clown Conspiracy
10444 Cheviot Ct
San Diego, CA 92126
(858) 433-7421 Edward Estrin
lomaxaclown@gmail.com

San Diego Executive Lions Club
12414 Darkwood Rd.
San Diego, CA 92129.
(858) 231-3561. Helen Quintanilla
lionheleng@gmail.com.

Education

Mira Mesa High School Foundation
PMB 264 10606-8 Camino Ruiz
San Diego, CA 92126
858-735-3923
miramesahighschoolfoundation.org

San Diego Miramar College
10440 Black Mountain Rd.
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(619) 388-7358 Sonny Nguyen
tvnguyen@sdccd.edu

Cambridge Learning Center,
10717 Camino Ruiz Ste 140
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cambridgecenter@yahoo.com.

United Studios of Self Defense
9870 Hibert St., Ste. D7
San Diego, CA 92131
(858) 271-8677 Collin Purple
ussdscripps@gmail.com

White Tiger Kung Fu
9605 Kearny Villa Rd., Ste. B
San Diego, CA 92126
(858) 695-1640 Dan Luong
info@whitetigerworld.com

Church/Faith Ministries

Buddhist Tzu Chi Foundation
5754 Pacific Center Dr., Ste. 202
San Diego, CA 92121
(858) 546-0578 Peggy Joh
tzuchisandiego.calendar@gmail.com

Christ Community Church
9535 Kearny Villa Rd., Ste 101
San Diego, CA 92126
(858) 549-2479 Darrell Dunlap
pastordarrell@gotochrist.com

Christ the Cornerstone Lutheran Church and Academy
9028 Westmore Road
San Diego, CA 92126
858 566-1741 Rev. Stewart. Reimnitz
School: info@ctc-academy.org
Church: www.ctc-church.org

Community Bible Church
9625 Black Mountain Rd., Ste. 307
San Diego, CA 92126
(858) 549-7729 Pastor Brendan Prout
brendan.prout@sandiegocbc.org

Mira Mesa Christian School
9696 Candida St
San Diego, CA 92126
(858) 578-0262 Terri Clark
admin@miramesacs.com

Mira Mesa First Assembly of God
9696 Candida St
San Diego, CA 92126
(619) 829-4487 Barbara Lorrigan
lorrigans@hotmail.com

Mira Mesa Presbyterian Church (MMPC) Pastor Parrish Bridges
8081 Mira Mesa Blvd
San Diego, CA 92126
(858) 578-2150
mmpcusa@sbcglobal.net

Mira Mesa Christian Preschool
10770 Rickert Rd
San Diego, CA 92126
(858) 536-2807 Sharla Rocha
Sharla.rocha@miramesacs.com

Newbreak Church
10791 Tierrasanta Blvd., Ste. 104
San Diego, CA 92124
(858) 576-0007 Darrel Larson
darrel@newbreak.org

River of Faith Ministries
9938 Via Pasar Ste. 200
San Diego, CA 92126
(858) 527-0014 Lorna Ignacio
lornat.ignacio@yahoo.com

San Diego Children's Choir
6635 Flanders Dr., Ste H
San Diego, CA 92121
(858) 587-1087 Donna Icenhower

Medical/Dental Services

Children's Dentistry of San Diego
10717 Camino Ruiz Ste 103
San Diego, CA 92126
(858) 536-1111 Tina Nguyen
fos4@sunnysmilez.com

Miramar Chiropractic and Health Center
Dr. Robert Simmons
9550 Black Mountain Rd., Ste. E
San Diego, CA 92126
(858) 566-2446
simmons_chiro@sbcglobal.net

Operation Samahan Inc,
2835 Highland Ave Ste B,
National City CA 91950,
(858) 356-8383, Mohammad Rahman,
acct@operationsamahan.org.

Planned Parenthood of the Pacific Southwest Jamie Schroer
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San Diego, CA 92108
(619) 881-4654
jschroer@planned.org

Sorrento Valley Pain Relief Center
5955 Mira Mesa Blvd., Ste. D
San Diego, CA 92121
(858) 404-5944 Ameet Bhatia
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Turning Point Pregnancy Resource Center
7340 Miramar Road. Ste. 204, San Diego, Ca 92126 (858) 397-1970
(858) 457-7800 Camille Cassin
camille@mmpregnancy.org

Contributing Business Members

*** Collins Family Jewelers Inc.**
8220 Mira Mesa Blvd., Ste A
San Diego, CA 92126
858-578-6670 Cynthia Collins
cynthiacfj@sbcglobal.net

Motec Auto Care
7936 Carroll Rd., Ste. A
San Diego, CA 92121
(858) 578-4300 Debbie Wright
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California Coast Builders
2204 Garnet Ave., Ste. 204
San Diego, CA 92109
(858) 750-2777 Pete Tsambasis
petet@californiacoastbuilders.com

Cookie Lee
14528 Glenville St.
Poway, CA 92064
(858) 231-2439 Christina Zamora
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Country Inn and Suites
5975 Lusk Blvd
San Diego, CA 92121
(858) 200-1954. Rhiza Vinoya
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Easy Turf
2750 La Mirada Drive
Vista, CA 92081 Heather Ruvolo
(760) 745-7026 x341
hruvolo@easyturf.com

Ecovivarium
PO Box 261640 San Diego, CA 92196.
(619) 933-1213. Tom Derr
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10455 Pomerado Rd., Ste. M-4
San Diego, CA 92131
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tania.tuchapsky@ef.com

Hawaiian Crafts and Gifts,
7752 Backer Rd San Diego, CA 92126.
(858) 344-4792 Vanina Danga,
thecandlewahine@yahoo.com.

Home Depot, Jerry Tretera
jerry_r_tretera@homedepot.com

Instant Imprints / Grant Bertoson
6635 Flanders Dr., Ste. A
San Diego, CA 92126
MiraMesa@InstantImprints.com

Luxury Auto Body of Miramar
9450 Camino Ruiz, San Diego, CA 92126. (858) 549-9450. Ron Melanson
ron@luxuryab.com

Mathnasium Math Learning Center
9460 Mira Mesa Blvd. Suite J
SD, CA 92126
858 800-4284 Archi Kapoor
miramesa@mathnasium.com

Mira Mesa Shopping Center
8294 Mira Mesa Blvd
San Diego, CA 92126
(858) 271-4682 Brett Feuerstein
brett@mesacenters.com

Mission Federal Credit Union
8198 Mira Mesa Blvd.
San Diego, CA 92126.
(858) 524-2850. William Holbrook
WilliamH@missionfed.com

Phamatech
10151 Barnes Canyon Rd.
San Diego, CA 92121
(858) 643-5555 Ricky McCabe
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Property Gallery
(858) 271-8400 Marvin Miles
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Rancho Costa Verde
1257 Titan Court, San Diego CA 92026.
(760) 277-2622. Janett Johnson,
janett@buysanfelipe.com.

Raneri and Long Roofing Company
13881 Highway 8 Business
El Cajon CA 92021
(619) 561-3110 Kim Pauley
info@rlroofing.com

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Scott & Brooke Chambless
brookesdca@gmail.com

Realty Source/Team Balch
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teambalch@gmail.com

San Diego County Credit Union
6545 Sequence Drive
San Diego, CA 92121
(858) 597-6218 Sarah Bilyeu
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State Farm Insurance
8240 Mira Mesa Blvd., Ste. G
San Diego, CA 92126
(858) 695-8000 Albert Quiroga
albert.quiroga.tb4y@statefarm.com

Tom's Snakes
PO Box 261640
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tomrderr@gmail.com.

Top Gun Realty
11231 Camino Ruiz
San Diego CA 92126
(858) 578-6540 Julius Hitchens
julius@san.rr.com.

TOPS / Richard Prouty
proutyr@live.com

Vulcan Materials Western Division
3200 San Fernando Road
Los Angeles, CA 90065
(323) 474-3202 Michael Linton
LintonM@VMCMAIL.com

*** Walgreens Pharmacy**
10787 Camino Ruiz
San Diego, CA 92126
(858) 437-0761 Eric Nau
Mgr.11654@store.walgreens.com

Xanesti Technology Services LLC
11075 Ice Skate Pl
San Diego CA 92126
(800) 804-6852, John Horst

*** Businesses offering discounts to MMTC members**

Collins
FAMILY JEWELERS
Proud to be one of Mira Mesa's longest running businesses.
Family owned and operated in the Mira Mesa Mall for over 36 years!
Tues-Sat 10-6
Closed Sundays & Mondays
578-6670
Mira Mesa's personal family jeweler since 1978.
collinsfamilyjewelers.com

Mira Mesa Town Council
PMB 230
10606-08 Camino Ruiz
San Diego, CA 92126

issues@miramesatowncouncil.org
www.MiraMesaTownCouncil.org

Please send items for publication to:
newsletter@miramesatowncouncil.org

Mira Mesa Town Council — Annual Membership Application

Primary Member/Contact Name _____

Companion Member Name(s) _____

Business/Corporation Name _____

E-mail Address _____

Address _____

Phone Number _____

City _____

State/Zip Code _____

Business/Cell Number _____

Date _____

Membership Type (check one):

❑ Individual ❑ Companion ❑ Senior/Military/Student ❑ Corporate/Business
❑ Combined MMTC/MMCC (Corporate/Non-Profit Only)

If you choose a joint membership with the Mira Mesa Chamber of Commerce, you will be contacted to provide additional information required for your Chamber application. Joint memberships are restricted to Corporation/Business or Non-Profit organizations.

Rates (annual membership begins July 1 and ends June 30): $20 Annual Dues
(Pro-rated membership applies to first time members only; all renewals are for the full amount)

Any resident, business, or non-profit may join the Mira Mesa Town Council; members with addresses outside the Mira Mesa Community will be non-voting associate member. The Mira Mesa Town Council is a non-profit volunteer organization. Membership dues are used to defray the cost of operations such as printing and distributing the newsletter, maintaining the website (www.MiraMesaTownCouncil.org) and other approved council expenses.
Amount $_____ Cash / Check #_____ ($25 fee for all returned checks)

Join Between:	Individual	Companion/Senior Military/Student	Corp/Bus	Corp/Bus Joint MMCC	Non-Profit Joint MMCC
July 1 - Sept 30	$20.00	$10.00	$50.00	$150.00	$90.00
Oct 1 - Dec 31	$15.00	$7.50	$37.50	$112.50	$67.50
Jan 1 - Mar 31	$10.00	$5.00	$25.00	$75.00	$45.00
Apr 1 - June 30	$5.00	$2.50	$12.50	$56.25	$22.50

Mira Mesa Town Council
PMB 230
10606-08 Camino Ruiz
San Diego, CA 92126

2016 MMTC Board
The 2016 MMTC Board can always use your expertise and input. Come join the team and share your ideas to help Mira Mesa improve services to our community, Want to serve? Join our directory? Contact parliamentarian Jon Labaw at parliament@miramesatowncouncil.org.

The MMTC would like to thank the Mira Mesa Shopping Center, LLC for their continuing support in providing postage for the MMTC newsletter.