Volume 44 Issue 3 March 2016

MIRA MESA TOWN COUNCIL NEWSLETTER

MIRA MESA HIGH SCHOOL STARTS RENOVATION IN UPCOMING MONTHS

In an effort to provide a quality school in every neighborhood, the district is using Prop. S and Prop. Z funds to repair, renovate and revitalize district schools. Mira Mesa High School has currently benefited from the i21 Interactive Classroom Initiative. The i21 classroom suites deliver 21st century technology designed to create an engaging and personalized learning environment. The main components of the classroom suite include: an interactive white-board, an audio-visual cabinet, a teacher's presentation station, a wireless voice amplification system, an advanced-model document camera, a classroom DVD player, a netbook or iPad for each student, and a tablet for each teacher. Mira Mesa High School has i21 technology in their math, science, English, foreign language, social science, and special education classrooms.

In addition, several College, Career & Technical Education projects have been completed at Mira Mesa High School through Prop. S and matching funds from the state's Prop. 1D, College, Career & Technical Education Programs.

A brief description below lists present projects:

- Football and Practice Fields Project is scheduled to begin August 2016: This project includes the remodeling of snack bars, restrooms, ticket booths, bleachers, ambulance access, field house, stadium field storage and data and power as well as installation of alumni pavers at the ticket booth walkway. Upper field scope of work included baseball scoreboard, softball components to meet Title IX requirements and install synthetic turf practice fields.

- Mira Mesa HS Culinary Arts Classrooms is schedule to be completed in July 2016: This project includes the remodeling of the existing food-nutrition classrooms into new culinary arts classrooms. Interior alterations include new walls, ceilings, doors/frames, windows, lighting and electrical systems. The project also includes new mechanical ductwork distribution systems, plumbing systems, floor and wall finishes, as well as food services equipment and furnishings

Many studies point to better attendance, improved test scores, and reduced disciplinary problems as evidence that the physical environment of a school does make a difference in education. Studies also show a relationship between safe, secure, and well-maintained schools and student performance and attendance.

MIRA MESA TOWN COUNCIL

Mira Mesa Town Council Mtg.
Monday, March 7, 2016
7:00-9:00 p.m.
Mira Mesa Library
Refreshments @ 6:30 p.m.

"It was one of those March days when the sun shines hot and the wind blows cold: when it is summer in the light, and winter in the shade."

- Charles Dickens

"The March wind roars
Like a lion in the sky,
And makes us shiver
As he passes by.
When winds are soft,
And the days are warm and clear,
Just like a gentle lamb,
Then spring is here."

- Author Unknown

"A light exists in Spring
Not present in the year
at any other period
When March is scarcely here."

- Emily Dickinson

2016 MIRA MESA TOWN COUNCIL BOARD OF DIRECTORS

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MMTC President's Message for March

They say that if March comes in like a Lion it will go out like a lamb. Either way we need the weather that resembles the lion soon. It would be a shame if this El Niño turned out to be nothing but a broken promise. A few days of steady rain would be wonderful especially if it happened more than once before summer once again begins to bake our gardens and lawns. Let's hope.

It is with great sadness that I once again have to mention a tragedy on the

streets of our community that resulted from excessive speed. The news report said that it occurred on Ivory Coast near its intersection with Reagan Road. It seems that the driver of a car headed west into the setting sun on Ivory Coast failed to see an elderly pedestrian crossing the street and struck him. He died at the hospital. Our hearts and our prayers go out to the family and friends of the as yet unnamed victim. The police officer said on television that the driver was driving too fast for the conditions that existed at the time—a story we hear over and over in the news.

I wasn't there and I have not seen any authoritative information on the incident, but those words from the police officer at the scene of the tragedy resound in my mind over and over. Stop and think, how many times do each of us drive at the speed limit or just a little above without thinking about whether that is really the right speed *for the prevailing conditions*?

How many of us don't adjust our speed when the sun is in our eyes or when the streets are wet? And how much time would we lose if we slowed down say five miles per hour when conditions are less than ideal? What about that sunny day with perfect driving conditions but with children present along the street? How many times does it occur to any of us that driving at the posted 25 MPH speed limit might spell doom for a hapless child that dashes into the street? Now, maybe driving a little slower under such conditions wouldn't save a life, but it undeniably reduces stopping distance thereby reducing the chances of a tragedy. Based upon my experiences with our streets (remember what I said last month), you will most likely arrive at your destination about the same time in either case. The speed at which you navigate through Mira Mesa will have little, if any, effect upon how long it takes to travel a given distance.

Many of you saw the news story about the house where the owner is a hoarder who has what appears to be rubbish oozing out of his garage and front yard and onto the sidewalk. Everyone is wondering why there seems to be no action by the City to correct this problem. On behalf of the good people of that neighborhood I too would like to see the mess disappear with all haste. The problem of course, is simply that none of us want the City to be able to simply stroll into a private home and dictate what may and may not be kept there, and luckily that's not the way the City operates.

So the City is working on this, but they are very purposefully moving slowly hoping that the owner will decide on his own to help. Failing that, and time is probably growing short for the owner to exercise his options, the City will be forced to act. It is my understanding that the City has brought every available resource to bear to reach a solu-

tion, including veteran's groups, PTSD experts, people from Health and Human Services and the Fire Department. Hopefully resolution is near.

One final note. My heart goes out to the family and friends and the entire Mission Beach community for the loss of a true community hero, Maruta Gardner. Maruta was the Mission Beach anti-graffiti lady. She patrolled Mission Beach daily to cover the tags left by Neanderthal morons. In fact, that's precisely what she was doing when she was struck by cars street racing near where she was working. The next time you see a volunteer (and we have more than a few in Mira Mesa) laboring to make life better in our neighborhoods please think of Maruta and offer up a little prayer for all community volunteers.

See you at the meeting.

MMTC March 7 Meeting Main Program: "Welcome to Miramar College!

Have you been on campus at Miramar College recently? Located between I-15 and Black Mountain Road and between Hillery Drive and Gold Coast Drive, the San Diego Community College District campus really looks like a college now! With a beautiful central quad ringed by buildings, it's come a long way from the collection of bungalows which constituted the campus for many years. Take a virtual tour of Miramar College today and find out about academics and other activities, and discuss what the college and community can offer each other, during the featured presentation at the March 7 MMTC meeting by Miramar College Public Information Officer Stephen Quis, "Welcome to Miramar College!" (by Pam Stevens)

From the Office of County Supervisor Dave Roberts

Fire Program Keeps Us Safe

Since taking office in 2013, one of my top priorities has been to improve fire protection throughout the county. San Diego County is unique in that our fire season is year-round. Fortunately, our first responders work very well together. We have great multi-agency collaboration and mutual agreements among our firefighters and law enforcement officers. Our mutual aid agreements even include the military.

One important element of our safety is the physical health and conditioning of our emergency personnel. Every year, firefighters must complete a Candidate Physical Abilities Test, or CPAT. And to do that, they must travel to a testing center in Orange County.

That is why I am so pleased to have worked with Miramar College's Fire Science Technology Program, and other partners, to bring a CPAT location to San Diego County. Today, we have a fully-functioning CPAT center at Miramar College, where trainees and veterans alike can certify at the school's modern facilities. This is a huge win for our first-responders. Now, firefighters from throughout San Diego County-- from any agency -- can stay current with the physical health requirements of their demanding jobs without having to travel to another county.

I am so pleased to have secured county funds to support this program. San Diego County is great, but we can make it even greater. I believe our local CPAT program makes us safer, and I will continue to work on your behalf to implement programs that improve our lives.

Dave Roberts represents the Third District on the San Diego County Board of Supervisors.

Supervisor Dave Roberts
1600 Pacific Highway,
Room 335
San Diego, CA 92101
(619) 531-5533
www.SupervisorDaveRoberts.com

A New Look for the Fourth of July

This year we will celebrate the 42nd annual Mira Mesa Community Fourth of July Parade and Family Fun Day in the Park. You may have noticed the construction underway at the baseball fields across New Salem Street from the Rec Center. This is the first phase of a complete renovation of Mira Mesa Community Park, and it will bring changes to the traditional Family Fun Day layout.

The park renovations will take several years, and will impact the areas usually used for vendors and the Community Stage. Some traditional locations occupied by those who camp out every year will also be impacted.
When the new event layout is completed, it will be shared on the Mira Mesa Town Council website, on the Fourth of July page (by Bari Vaz)

Meet Sasha Sharpe, Children's Book Author of "Counting With Friends Outside"

There are many talented people in our Mira Mesa Community, many who offer their skills to others. One such talent is preschool teacher and children's book author, Sasha Sharpe. As a resident for 20 years and graduate of Mira Mesa High School. She began her career working at Little Lamb Land Preschool and later at KinderCare in Rancho Peñasquitos, where she currently teaches. While working at the preschool, Sasha received a Childhood Development Associate Degree and numerous awards for maintaining a classroom that encourages every developmental domain of a child's growth. The creative freedom at KinderCare inspired her to think outside the box in the development of her teaching and writing, inspiration by Dr. Seuss stories.

"Being educated in the field helped me understand how much of an affect I have on a child's life and how that will stay with him/her forever. Also, the more time I spend with preschoolers the more I appreciate their outlook on life. I learn from them as much as they learn from me. My motivation for creating my own books came from working on arts and crafts with my kids.

This reminded me of my love for drawing. One day I went to a book club with a co-worker and instantly remembered my love for reading. With those two passions reignited and my obvious love for Dr. Seuss, I decided to create "Counting With Friends Outside."

As a teacher, Sasha has implemented a variety of developmental concepts in the book for children to learn how to read and write, concepts such as counting, identifying sight words, number and color recognition and embracing differences in others as a critical part of the learning process.

"I would want the parents to understand that this book isn't just a wonderful, fun rhyming book but an interactive book that encourages learning. Reading along with their child, and exercising the repetition the book allows, will help their child maintain the concept of counting. If their child is already reading then the books offers sight words to draw from as they read."

"Counting With Friends Outside" is available by clicking on the "bookstore" tab on Sasha's website AllThingsPreschool.com .

FROM THE OFFICE OF CHRIS CATE

COUNCILMEMBER CHRIS CATE SETS STATE OF THE DISTRICT TALK—FEB. 29

Chris Cate Contact Information:
City Administration Building
202 C Street, 10th Floor
San Diego, CA 92101

Phone: (619) 236-6616
ChrisCate@sandiego.gov

San Diego, CA – With just one year under his belt, freshman Councilmember Chris Cate, will be holding a State of the District address to update residents of San Diego's Council District 6 on his accomplishments, current projects and goals for the coming year. The event will be open to the public and held on Monday, February 29th from 5:00 p.m. to 8:00 p.m. at AleSmith Brewing Company.

"This past year, we achieved a level of success I could have only imagined. My staff and I set out a year of priorities to make District 6 a great place to live, work and play. My passion to serve is unequivocal and unwavering. I have learned that together, we can do much, much more," states Councilmember Chris Cate.

Councilmember Chris Cate will also be recognizing District 6 residents, nonprofits and businesses. Among those who have gone above and beyond to enhance the lives of fellow San Diegans are:

- Youth of the Year: Sophia Righthouse
- Community Leader of the Year: Stephen Groce
- Neighborhood Champion of the Year: Adriana Enloe
- Business of the Year: Vulcan Materials Company
- Nonprofit of the Year: Ronald McDonald House Charities

How to Get Involved With the Mira Mesa Community Planning Group

The Mira Mesa Community Planning Group is one of our most important community groups. Its primary responsibility is to write our community plan, and then to review development projects as they are proposed for consistency with the plan. I have been on the planning group most of the time since 1986, and participated in the last community plan update that was completed in 1992 (together with Bruce Brown, Pam Stevens and Mike Kelly among others). Since that time the community plan has served us well, and there have been only a few amendments, all of which have improved the community.

What I like most about the planning group is that it lets you see into the future. When a new development starts, most people are surprised and think it just popped out of the ground. In fact, most new development requires years of planning, and so we see project plans many years before they start, at a time when we can make recommendations that make the project better for our community. We are currently reviewing the largest project ever proposed in this community – the Stone Creek project which will be built on the current Vulcan Materials mining site in Carroll Canyon after mining is phased out. How can you become a member of the planning group? First, come to any meeting and give your name and contact information to the planning group secretary and ask to become an "eligible member of the community." You should find applications for this at the meeting. This is like a voter registration, and it allows you to vote for the planning group at the next election, and/or run for a position on the planning group. Elections are held every two years in March of odd numbered years. Being an "eligible member" also makes you eligible to fill a vacancy if one occurs between elections. Attending meetings will give you some background in how the group operates and give you the experience needed to fill a vacancy or a seat at the next election. See the planning group page on the MMTC website at **http://miramesatowncouncil.org/planning_group** for more information, an archive of minutes, links to the community plan and other documents, and subcommittee reports. (by Jeff Stevens)

IMPORTANT PHONE NUMBERS

General County Services Information
2-1-1 San Diego……..2-1-1

Emergency Services
Police/Fire/EMS……...9-1-1
Poison Control ……..800-222-1222

Criminal Activity
Police Community Relations Office …..858-538-8120
Suspected Arson ……... 800-472-7766 (47ARSON)
Gangs ……619-531-2847
Graffiti …….. 619-525-8522
Non-emergency crime ……..858-484-3154

Utilities
Fire hydrant open ……619-515-3525
Gas leak …….. .800-411-7343
Power/phone line downed …….. .619-811-8081
Tree limbs in power lines ……... 800-411-7343
Animal, dangerous……619-236-2341
Animal, dead …….. .858-492-5060
…..5pm-7am or weekends & holidays: 619-573-1276
Animal manure (dog) …….. 619-338-2283
Animal, rodents/rats ……858-694-2888
Building abandoned or dangerous ….. 619-236-5500
Car abandoned or inoperative …….858-495-7856

Nuisances
Animal, dangerous …….. 619-236-2341
Animal, dead ……858-492-5060
Noise (loud) ……..619-236-5564
Code Compliance ……619-236-5500
Trash: uncollected, overflowing dumpster, trash-strewn lot, or recyclables ……858-492-5055

Streets & Environment
Bus shelter damaged …….. 619-231-1466
Manhole cover missing or damaged ….. 619-515-3525
Street, flooded/pothole ……..……619-527-7500
Street, sink hole or collapse …….. 619-515-3525
Street, traffic light non-functioning ……619-525-8650
Weeds, overgrowth, fallen trees or clogged storm drain……...619-527-7500

SAVE THE DATE

"Taste of Mira Mesa"

Greetings Mira Mesa!! As our calendars become filled with various activities don't forget to plan ahead and "Save the Date" for the Mira Mesa High School Foundation's 11th Annual "Taste of Mira Mesa."

On Saturday, March 19, 2016, the "Taste of Mira Mesa" will once again be at the U.C.S.D. Faculty Club in beautiful La Jolla. At this event, hundreds of guests will enjoy silent and live auctions, delicious foods from a variety of restaurants, entertainment and fun-filled activities. The Mira Mesa High School Foundation (a non-profit organization) was formed in March of 2004.

Our organization provides extra funding to benefit 6-8 schools in our community - assisting over 7,500 students in the areas of academics, environment, athletics, and extracurricular activities, such as:

Scholarships
Campus Beautification
Athletic fields & equipment
Computers for state of the art education & training
Media Center upgrades, library books
Performance Arts department
Security Cameras to protect students and school property.
Numerous other improvements in and around our campuses.

A Special Thanks to Our Corporate Sponsors
Vulcan Materials Company
Pardee Homes
Hanson Aggregates
Instant Imprints
Casa Mira View
Center Veterinary Clinic
Pulsipher Orthodontics

To order tickets, please go to: http://www.miramesahighschoolfoundation.org/atm_taste_of_mira_mesa_2016.html

FROM THE OFFICE OF CONGRESSMAN SCOTT PETERS

Rep. Peters Helps Pass Bill Inspired by Coronado Parents Who Lost Their Veteran Son to Suicide

U.S. Congressman Scott Peters (CA-52) helped pass H.R. 2915, a bipartisan measure that will improve mental health care for female veterans and veterans who took part in classified missions during their service. Improving treatment procedures for veterans with classified mission experience was one of many proposals that Coronado residents Dr. Howard and Jean Somers offered to Congress following the suicide of their son, Sergeant Daniel Somers. Sergeant Somers suffered from post-traumatic stress (PTS) and tragically took his own life in 2013 after a long wait for individual treatment at the VA.

"As a country we have failed too many of our veterans, and their families, who sacrificed so much to serve and returned home with unseen battle scars," Rep. Peters said. "These changes will make a real difference in the lives of veterans anguished by mental scars from their brave service. I have great admiration for Dr. Howard and Jean Somers who have now dedicated their lives to fixing the problems in a system that failed their son in order to save others."

Between 2000 and 2010, veteran women committed suicide at a rate over five times higher than that of non-veteran women. Sgt. Somers, before taking his life, had requested individual treatment for his PTS even though the wait list was longer than group therapy, out of fear that he might reveal classified information in a Somers to address problems at the VA since group setting. Peters has been working with the VA since coming to Congress. He is currently working with them to address the problem of family members not being aware of the rigors and hardships of military service and the services available to service members and their families to help them cope. This issue was recently raised by other families of veterans in a San Diego Union-Tribune article about veterans suicide.

Peters also helped pass bills to restore accountability at the VA and increase veterans benefits. "Our veterans should never be made to wait on fake lists for life-saving care or rely on Congress to get its act together in order to provide for their families," Rep. Peters continued. "We must uphold our promise to our veterans and get them the benefits and high-quality care they have earned through their service."

The VA Medical Center Recovery Act acknowledges failures at VA hospitals that falsified records and waiting lists and puts procedures in place to more quickly correct failures and restore accountability. The American Heroes COLA Act makes permanent the cost of living adjustment for veterans benefits to ensure that Congressional dysfunction does not keep veterans from getting the benefits that they deserve.

Congressman Peters serves the 52nd District of California which covers much of central San Diego County including Poway, Coronado, and large portions of the City of San Diego. He is a member of the House Armed Services Committee and House Judiciary Committee. The Congressman is a former environmental attorney, City Council President, and Port Commission Chairman.

Congressman Scott Peters
4350 Executive Dr.,
Suite 105

Mason Elementary School Gains Grant & Students Learn About Healthy Food Choices

Mason Elementary School is doing a little something extra to be proud of these days. They have a small orchard of 16 different trees and a beautiful garden planted on site, provided by the grant "Operation Learn and Thrive." Recently, the Common Vision non-profit planted trees with the Mason Elementary 4th and 5th grade students. "We are learning how to eat healthy, where food comes from and how to take care of our land," explains Mason Elementary Principal, Dawn Powell.

As part of the OLT Grant, Mason Elementary received 2 garden beds and an orchard of 16 different fruit trees. The students and teachers participate in a 45 minute *garden to cooking* class weekly. They are learning about tasty, healthy choices for snacks right from their own garden. The nutrition program will include development of gardens at selected schools, family-focused health and nutrition promotion, teacher professional-development and coaching in nutrition education.

Ms. Murphy & Ms. Richie's Students:

Ellie: "*Trees are extremely important everywhere. The more that we grow the more air that we get.*"

Zeraiah: "*I think when I grow up I would have my own garden, like some trees to produce things that taste good and are healthy for you.*"

4th & 5th Grade Students Ellie Alvarez , Zeraiah Overman, Gavin Mercado, Marion Fetalvero, Janina Kosol, Joaquin Miranda, Anthony Pulido, Refugio Gloria, Alexis Segal

Gavin: "*Working on the trees helps the environment and I really like getting my hands dirty.*"

Marion: "*The most fun part of the garden is digging the holes because that's when the plants get born. To make everything grow right we need water, soil and sunlight.*"

Janina: "*Some of the tools that we uses are shovels to dig the soil to plant the seeds, and rakes to flatten out the soil when the seeds go in.*"

Joaquin: "*I like working on the project with my friends because we're making foods that are fresh and that's better for you.*"

Anthony: "*The most fun part is shoveling because you can put seeds inside and you can watch the trees grow.*"

Refugio: "*One of the fun parts of the project is you can get creative when you make the signs for each of the trees.*"

Alexis: "*We work on the trees about 20-30 minutes a week. It really doesn't take that long. We'll get healthy food when you're all done.*"

MMTC March 7 Meeting Main Program: "Welcome to Miramar College!"

In 2016 the Mira Mesa Town Council (MMTC), Mira Mesa's volunteer non-profit civic group, is spearheading discussion to answer the question: what will become of the City-owned Epicentre community building, now that it is no longer being operated as a teen center by Harmonium, Inc.? The Police Storefront is open for business as usual in its portion of the building, and is a hub of activity as the headquarters of the RSVP (Retired Senior Volunteer Patrol). However, the rest of the structure is now vacant. MMTC has formed a special committee, chaired by Bruce Brown, to work on problem-solving solutions for future uses of the Epicentre. For more information see www.miramesatowncouncil.org or email Bruce Brown, bbrown7811@sbcglobal.net.

A Coronation for the 2016 Title Holders

The San Diego Northeastern Communities Pageant selects a Miss and Miss Teen for Mira Mesa, Scripps Ranch, and Rancho Penasquitos. The young women (age 13-17 for Miss Teen, age 17(if a high school senior) or 18-26 for Miss) serve as community ambassadors during the following year, attending civic group meetings and special events. There will be a Coronation for the 2016 title holders on March 5, 2016. The 2017 pageant will be held on the first weekend of March. Please look for 2017 applications, beginning in May 2016, on the San Diego Northeastern Communities website at www.sdnortheasternpageant.com.

Mira Mesa Theatre Guild *Art* Continues Through March 5t

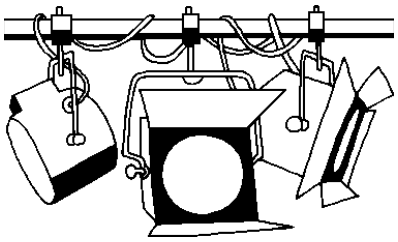
Mira Mesa Theatre Guild's comedy, *Art*, continues with its final weekend of performances March 4-5, 2016 in the Wangenheim Middle School Theatre.

Directed by Tim Arends, Mira Mesa Theatre Guild's *Art* features Ryan Brewer as Marc, Tim Arends as Serge, and Adam Wallock as Yvan. Tim Arends and Ryan Brewer are both Mira Mesa residents. Adam Wallock lives in University City. Mira Mesa resident Teri Ang is assistant director and producer.

The Broadway production of *Art*, by Yasmina Reza, translated by Christopher Hampton, won the 1998 Tony Award for Best Play. The witty and fast-paced 3-person comedy examines the relationship of three friends—Serge, Marc and Yvan—who find their previously solid 15-year friendship on shaky ground when Serge does something unexpected and buys an expensive solid white painting, a white canvas with white brush strokes.

One friend thinks he's gone crazy! The other friend sees both their sides. The play explores the meaning of friendship and identity as well as the nature of art.

Performances are in the theatre at Wangenheim Middle School, 9230 Gold Coast Drive, San Diego CA (parking lot entrance at end of Dunholme.) Note: This play contains strong language and is recommended for high school and adult audiences.

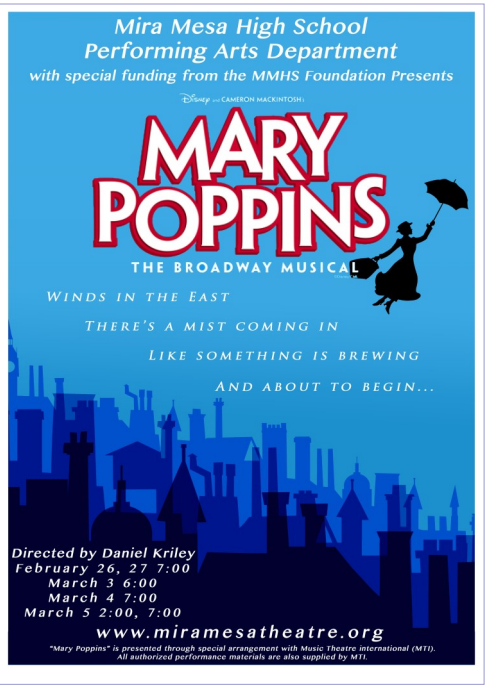


Dates and times are: Fri-Sat March 4-5 7pm on Friday, 2pm matinee on Saturday.
Tickets: $18 evenings, $15 matinee (senior/military/students $15 evenings, $10 matinee) online or at the door .

For tickets and more information go to www.miramesatheatreguild.com

MIRA MESA HIGH SCHOOL PRESENTS MARY POPPINS

The Mira Mesa High School Performing Arts Department will offer fun for the whole family during their upcoming production of the musical, Mary Poppins, February 26-March 5, 2016 in the MMHS theatre. Students are deep in rehearsal preparing for the production. They have been pushing themselves when rehearsals began shortly after Thanksgiving.



All students, alumni, and parents came together for Super Set Fest on January 16-18 to help build and paint sets as well as a rehearsal running on the stage. There are 55 actors, 40 technical theatre students, 30 musicians performing, 10 teachers, 45 alumni and parents involved in the production. Alumni and parents gave up hours to help out with our set fest on January 16-18 to build and paint sets for the productions.

The updated show times are:
Friday February 26 at 7 pm
Saturday February 27 at 7pm
Thursday March 3 at 6 pm
Friday March 4 at 7pm
Saturday March 5 at 2 pm and 7 pm

Any one who would like to make donations or advertise in the "Mary Poppins" playbill should contact the director Daniel Kriley, at dkriley@sandi.net. For more information regarding all things theatre at Mira Mesa High School, including ordering "Mary Poppins" tickets can be found at www.miramesatheatre.org.

Behind the Scenes in the making of Mary Poppins:

The Road to College Scholarships: Opportunities for 2016 Graduates

With just one application, students are able to access more than 100 scholarship opportunities! Awards are available for students attending four-year universities, community colleges, career/technical schools, graduate, medical and professional schools, and teaching credential programs. More information can be found - https://www.sdfoundation.org/students/.

Through the San Diego Foundation Community Scholarship Program, San Diego County students can receive the financial assistance they need to pursue their educational goals. As the largest private non-university scholarship provider in the county, the Community Scholarship Program operates more than 160 funds and awarded in excess of $2.3 million to more than 1,000 students last year alone. If you have a question regarding the Common Scholarship Application, please contact scholarships@sdfoundation.org.

2016 Life Sciences Summer Institute High School Internship **Deadline March 23rd **
High School Student Program application is now open. High school students interested n obtaining a summer internship. To access the online application, please visit: http://www.workforce.org/life-sciences-summer-institute

The 2016 LSSI APPLICATION PACKET is available now.

Application deadline: March 23, 2016
Program dates: June 22-August 12, 2016
For general LSSI questions, please email: biotech@workforce.org

San Diego Education Fund Scholarship (STEM) Application
San Diego Unified School District ONLY
Application Deadline: 3/21/2016 5:00 PM Pacific

The basis for selection shall include:
Graduating from a school in the San Diego Unified School District in the spring of 2016.
High academic achievement in all areas with demonstrated academic excellence in mathematics or science
Meet the UC/CSU University admission requirements
Demonstrate financial need
Be a United States citizen or have permanent residency status
Participation in both school and community activities
Plan to attend a college or university in San Diego County
Online Scholarship Application
Application Essay
References (2) http://goo.gl/forms/YszqF7DzRY

The San Diego Education Fund oversees several scholarships to support students in their pursuit of science, technology, engineering, and mathematics degrees. The three scholarship programs are:

Virginia Mashin Mathematics Scholarships
Jack and Virginia Mashin Mathematics and Science Scholarships
Science, Technology, Engineering and Mathematics (STEM) Scholarships

Selection will be based on your high school record, your application, recommendations, demonstrated community service or leadership skills, participation in extracurricular activities, and/or work experience and financial need. Following a review of application materials, a panel of representatives from the San Diego Education Fund will interview finalists.

Parents' Night Out March 19 at Next Generation Educational Center

Parents, do you need a night off? Next Generation Educational Center, Mira Mesa's newest daycare, preschool and after-school care center, offers a monthly Parents' Night Out, open to the public as well as families of students at the center. The next one is scheduled Saturday, March 19. For details, call 858-536-8800. Next Generation Education Center is a family-owned business which now has two locations, an original location in El Cajon as well as the new Mira Mesa center. Chuck and Geralyn Windt are the business owners. Monique Reycasa, who grew up in Mira Mesa (MMHS Class of 1995), is the director of the Mira Mesa center, which opened in late 2015 and serves age 6 weeks to 12 years old. For more information about the center, located at 8989 Mira Mesa Boulevard (former Kindercare location), see nextgenerationec.com.

2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 MMHS Farmers Market 2:30-6:00	2	3 Mira Mesa High School's Mary Poppins @ 6:00-8:00 pm	4 Mira Mesa High School's Mary Poppins @ 7:00-9:00 pm _____ Mira Mesa Theatre Guild's, *Art* 7:00-9:00 pm at Wangenheim Middle School	5 Mira Mesa High School's Mary Poppins @ 2:00-4:00 and 7:00-9:00 pm _____ Mira Mesa Theatre Guild's, *Art* 7:00-9:00 pm at Wangenheim Middle School _____ San Diego Northeastern Communities Pageant Coronation for 2016 Title Holders www.sdnortheasternp
6	7 Mira Mesa Town Council Mtg – 7:00-9:00 pm (MM Library)	8 Mira Mesa Recreation Council 7pm Lopez Ridge Rec. Center MM _____ MMHS Farmers Market 2:30-6:00	9	10	11	12
13 Daylight Savings Time Starts	14 Mira Mesa Town Council Board of Directors – 6:45 pm, MMTC Office	15 MMHS Farmers Market 2:30-6:00 _____ MM Women's Mtg 7:00-9:00 pm at MM Senior Center	16	17 St. Patrick's Day!!	18	19 Mira Mesa High School Foundation—"Taste of Mira Mesa" 5:00-9:00 pm at the UCSD Faculty Club
20	21 Mira Mesa Community Planning Group Meeting @ 7:00-9:00	22 MMHS Farmers Market 2:30-6:00	23	24	25 Good Friday	26
27 Easter	28 Start of Spring Break!!! _____ Mira Mesa Chamber of Commerce 4th Monday of each month 6:30 p.m. Location - see website MiraMesaChamber.com	29 MMHS Farmers Market 2:30-6:00 _____ MM Library Banned Book Club 6:30pm *A Canticle for Leibowitz* by Walter M. Miller, Jr	30	31		

Mira Mesa Town Council
General Membership Meeting Minutes

February 1, 2016 - 7:00 p.m.

1) **Call to order (7:05 p.m.)**
2) **Pledge of Allegiance – Daisy Girl Scout troop 3434 and Junior Girl Scout troop 3049.**
3) **Approval of minutes from last meeting - approved**
4) **President's Announcement – Ted Brengel**
   a) Thanked Miss Mira Mesa Sabrina Randall and Miss Teen Mira Mesa Isabella McFarland for serving the community well for the last year. Ted presented a bouquet of flowers to each, and thanked Maria Pankau for organizing the event. The next pageant will be on March 5 in the Miramar College auditorium. Still accepting applications until Wednesday.
5) **Recognition of First Responders (SDPD/SDFD)**
   a) SDPD Northeastern Division - Officer Shannah Oliveras, Community Relations Officer. Stats for the last month:18 stolen vehicles, 6 recovered, 30 car breakins, 7 commercial burglaries, 5 residential burglaries. 243,000 residents in Northeastern division. Breakins are crimes of opportunity. Don't leave anything visible in cars. Don't leave garage door opener in car. 3 hot prowls – victim home during crime. Unlocked front door. Rear locked door – forced entry. Garage door opener used to open garage and gain entry. Dog woke up and scared suspect away. To report crime call 619-531-2000. Wait time is 30-45 minutes. Don't hang up. Neighborhood watch is being organized. Call to participate. Crimemapping.com, NextDoor.com – virtual neighborhood watch. Capt. Dawn Summers is retiring after 33 years. There is a safe prescription dropoff box in the police station lobby. Patrols: 6am-4pm 9 officers, 2-midnight 11 officers, 9pm-7am 8-9 officers. They cover the whole NE division. Number of officers is based on the number of incidents, so it is good to report incidents. House on Belgian St. should be cleaned up soon. PD has been working on it through an established process.
   b) SDFD – John Fisher, Battalion Chief recently transferred to area. CityGate study trying to reduce response times. Got grant for new radios. 129,880 calls in 2014. Residents can pick up 10 sandbags per household at fire stations. Two local newscasters injured by falling Eucalyptus tree branches in Mira Mesa. Call 619-527-7500 for downed trees.
6) **San Diego City Councilmember Chris Cate budget meeting.**
   a) Enjoying married life. Distributed City memo on budget priorities. Working on Epicentre transformation. Looking for neighborhood watch block captains; installing new neighborhood signs. Distributed 4700 sandbags. Boy scouts help fill bags and carry to cars. Ken – budget workshop last year was very good – make a video next time? 22% increase in traffic flow due to smart traffic signals. Street resurfacing priorities based in part on complaints. OCI less than 70 is considered bad. Parkdale is 27. Shopping carts is Luis' project. Cartsnap has a contract with CSCRC. Complaint that Cartsnap is not working right.
7) **Video: Athlete Ally at Mira Mesa High School – Ken Kaplan with videographer Tony Marquez**
8) **2016 MMTC Budget – Bari Vaz, MMTC Treasurer presented budget. 37-0-0 approved.**
9) **Recognition of Elected Officials and their representatives**
   a) Councilmember Chris Cate, District 6 (Luis Pallera) – 13th Mira Mesa Tet Festival. In opening ceremonies, 23rd recognize MMHS band at City Council. Feb 29th – State of district at Alesmith 5-8 pm.
   b) County Supervisor Dave Roberts, District 3 (Harold Meza). Bari for Harold - $6.3 million approved for new mental health services. Free tax preparation at County. The County has enlisted more than 500 volunteers to help

Join our MMTC Meetings - 1st Monday of the month!!
Mira Mesa library at 7:00 p.m.

taxpayers file their returns electronically. See www.countynewscenter.com. San Dieguito Park improvements funded in part by a $75,000, Third District Neighborhood Reinvestment Program grant, brought pedestrian and equestrian pathways, additional parking and drought-tolerant landscaping to the park's frontage on Highland Drive. Supervisor Roberts hosts his monthly Face Time meetings in Mira Mesa from 3-5 pm on the second Monday of every month at the Mira Mesa Town Council Office at 10717 Camino Ruiz, Suite 119, San Diego 92126. His next meeting will be on February 8. He does this in order to give locals an in-person opportunity to chat without traveling too far. Anyone interested is invited to drop in, or call the supervisor's office at 619-531-5533 to make an appointment.

c) Congressman Scott Peters (Howard Ou) – Tet festival coming up. Congressman will be in opening ceremony. Happy New Year. El Nino workshop two weeks ago. Seminars on scam avoidance. Encourage businesses to help pay employee's student loans.

10) Government and Community Resources

a) City Attorney, Neighborhood Prosecution Unit – Julio DeGuzman, Call nonemergency number to report crime or 911 for crime in progress. Next month community courts.

b) Mira Mesa Branch Library – Barbara Schwartz, Branch Manager. Starting ESL classes. Mira Mesa is amazingly diverse. Loves working here. Starting Thursday. Free. Dueling divas of oboe – starting concerts at library. Also guitar duo. 4 more concerts. Working with SDSU. Looking to get local artists also. First in April. Persepolis at banned book club. Free tax preparation.

c) Mira Mesa Community Planning Group – Jeff Stevens, Acting Chairman. John Horst resigned as Chair since he is running for Congress. Jeff is vice-Chair and acting Chairman. Planning Group will elect a permanent Chair and vice-Chair at the February meeting. There is one business and one residential vacancy that will be filled by the Executive Committee at the March meeting. If interested in filling vacancy, plan to attend meetings on Thursday February 18 and Monday March 21.

d) Mira Mesa Recreation Council – Joe Frichtel, Chairman. Next Tuesday meeting. Will have Wangenheim project manager at meeting. Starting in June construction will affect streets near Mira Mesa Community Park. Construction for next 3 years.

e) Mira Mesa Cluster Schools Council – Jennifer Kvalvik, Vice Chairman. K-5 kids bring home laptops and/or ipads. Need to train parents. Rolled out at Salk this fall – working very well. Used as tool for homework, not toy. Teachers also getting training. Walker parking lot bringing onsite clinic for healthcare, checkups. 80% at Walker low income. Once/week initially. Open to students only for now. May open to families and general public later.

11) MMTC Committee Reports and Announcements

a) Membership – Lainie – to join please sign up in back (or later on website).

b) Banner District – New banners just installed got quite a test with the high winds. A couple of them ripped, but most came through OK. Old banners would have been shredded. Repairs will take some time as there are requests for repairs from all over the City. Del Mar theme – Mad about the Fair. The cast of Mary Poppins came in costumne for the pictures that will be used on the banners.

12) Open Forum – Mira Mesa Community Groups, Events, Topics not elsewhere on Agenda (2 minutes allotted to each group. One speaker per group. Group must sign up at Membership Table to be recognized)

a) Pam Stevens – MM Theatre Guild is doing "Art" - geared more for adults and older kids (some adult language). 3 person show. Long time friends. One of them buys a white painting. Very witty. Wangenhiem 3 weekends in February 19-20, 26-27, March 4-5 7 pm. 2 pm matinee. March 5 is perfect storm of entertainment in community: Pageant, Art and Mary Poppins. www.theatreguild.com. See http://miramesatowncouncil.org/calendar_of_mira_mesa_events.html for all times.

b) Pam Stevens – Volunteer of the Year dinner Saturday April 16 for Jim Hearn. At the Senior Center. 6-10 pm.

c) Sasha and Terry Josiah - family has been here since the 1970's. Works at Kindercare. First MMTC meeting. Published first children's book. Terry has a company educating on power of music: Music Life Change.

c) **Lainie Hardman – Girl Scouts.** Pam donated cookie samples in back. This is cookie season. There is an app if you don't know a girl scout. Will be at Vons, Petco, Starbucks, Big Lots, H-Mart, Bowling alley, Babies-r-us, 7-11.

13) **50-50 won by Maria.**

14) **Adjournment (8:55 p.m.)**

"A volunteer is a person who can see what others cannot see; who can feel what most do not feel. Often, such gifted persons do not think of themselves as volunteers, but as citizens - citizens in the fullest sense." - Anonymous

Make Your Reservation on the MMTC website!

VOLUNTEER OF THE YEAR DINNER HONORS JIM HEARN

The Mira Mesa Volunteer of the Year Dinner, honoring Jim Hearn as 2015 Mira Mesa Volunteer of the Year, will take place Saturday, April 16, 2016, from 6 to 10pm at the Verne Goodwin Mira Mesa Senior Center, 8460 Mira Mesa Blvd., San Diego CA 92126. Jim Hearn is a longtime Mira Mesa resident and active volunteer with the Retired Senior Volunteer Patrol (RSVP), Mira Mesa Town Council and other community groups. Jim Hearn has lived in Mira Mesa since 1978 when Jim and his wife, Charlotte, bought a house on Westonhill Drive, their first house. Charlotte passed away in 2011, but Jim still lives in the same house across the street from Ericson Elementary School. While raising his grandson, Jim became an active volunteer with Boy Scouts, as well as Mira Mesa Little League and AYSO. Jim is a longtime member of the Mira Mesa Town Council. Jim has been active with RSVP for 21 years, since the second year of its existence. Jim does everything with RSVP, from going on regular patrols to serving as a manager for the day – and more! Sponsored by the Mira Mesa Town Council and the Mira Mesa Community Foundation, the Volunteer of the Year Dinner

has been an annual tradition since 1984, recognizing special volunteers who have made a significant contribution to Mira Mesa through their volunteer work, not just during the past year but over the years they have been involved with the community.

In addition to recognizing special volunteers, the Dinner is also a fundraiser for the MMTC's Verne Goodwin Scholarship fund, which awards college scholarships to graduating high school seniors from Mira Mesa based on community service. Pam Stevens and Christina Keene are co-chairs of this year's MMTC Volunteer of the Year Dinner committee.

The evening will include a reception at 6pm, catered buffet at 7pm, and program at 7:30pm, followed by music for dancing or enjoying as background during after-dinner mingling. Marv Miles will emcee the celebration, with Nicky Bascos as deejay. The MMTC invites all Mira Mesans to join Jim Hearn's friends, family, and fellow volunteers at this gala event. For dinner cost, RSVP deadline, and other details see **www.miramesatowncouncil.org**. For more information, contact Pam Stevens, **pstevens@san.rr.com**.

DRIVE RESPONSIBLY IN RESIDENTIAL AREAS AND SCHOOL ZONES

It has recently been reported an increase with speeders in residential neighborhoods and school zones. Please be mindful that speed limits in residential neighborhoods are 25 MPH as well as school zones. Several elementary schools have School Safety Patrols (SSP), which means fifth graders are doing their best job to safely cross children and family members before and after school. Please watch for the children holding the stop signs and stop when they are out. Do not drive around other vehicles when they are stopped as they are most liking stopped due to children crossing in front of them.

Please do not double park to pick your children up in the street that is very dangerous. Remember other vehicles are behind you so pull over to the curb (not red) at a designated area (passenger pickup/drop off zone) to pick up your children safely and pull all the way forward even if that means your child has to walk further to get to your vehicle. It will help to keep traffic flowing and make it safer for the children.

Do not get into arguments with other drivers/parents in front of the children; it is scary for the children to witness that and we should set a good example for our children. Please remind visitors and friends to slow down as well.

Thank you in advance for your cooperation!

Supervisor Dave Roberts
County Administration Center
1600 Pacific Highway, Room 335
San Diego, CA 92101
(619) 531-5533

Dave Roberts Elected to National Leadership Post

The County of San Diego has gained a strong voice in Washington DC with the election of Supervisor Dave Roberts to the National Association of Counties' Board of Directors.

The vote on Thursday by California State Association of Counties' executive committee was unanimous. "I am honored to have been selected and I look forward to representing California at the national level," Roberts said.

NACo brings together officials from America's 3,069 county governments to advocate with a collective voice on matters of national policy.

Since taking office in 2013, Roberts has represented the County of San Diego on various NACo committees. His assignments include chairing NACo's Subcommittee on Long-Term Care, vice-chairing the Immigration Reform Task Force and serving as a panelist on the Health Steering Committee and Membership Steering Committee.

In addition to his appointment to the national organization's Board of Directors, Roberts last month rose to First Vice President of the California State Association of Counties. In that role, Roberts met with Gov. Jerry Brown on Wednesday.

"I'm so pleased to represent the County of San Diego at the state and federal levels," Roberts said. "I look forward to helping set the advocacy agenda for our county and others across the state and nation."

Preventing Residential Burglaries

Casing the Neighborhood: A common method of "casing," used by suspects in residential burglaries is lengthy door knocking and doorbell ringing in an attempt to determine is anyone is home. If the door is answered by a resident, the suspect (caser) may claim to be lost, solicit some type of service or product, or ask for someone that doesn't live there. If you believe this person was casing your home, politely refuse their services and call the San Diego Police at (619)531-2000. Try to obtain a good description, a direction of travel and a license plate if possible. A good way to let the solicitor know you are home if you do not want to answer the door is to simply yell from behind the closed door that you are not interested. Making your presence known to a potential burglary suspect means you are much less likely to have an attempted break in while you are at home. Security screen doors are a great asset as well.

Secure Your Garage: Treat your garage like your front door; many residential burglaries occur through open garages where people are home but are wither in the house or in their backyard. If you are home working in your house or backyard, thieves may take the opportunity to go through the garage or an unlocked garage-to-house door to steal valuables. Residents should close their garage door when not present in their front yard. It can take less than a minute to walk in undetected and steal small items such as a laptop or iPad. Do not leave your garage door opener in your vehicle if you par outside the garage.

The Point of Entry: For most residential burglaries the side gate to the rear of the residence is the most common entry point. Any unlocked /unsecure door or window becomes an easy way in. Once out of sight from any passer-by if the burglar feels concealed, windows with no more than a 2" gap is enough need to gain entry. Keep your side gate locked at all times.

Security Suggestions: To prevent becoming the victim of a burglary, here are a few suggested items to purchase - Alarm system, LED motion lighting for the front/side/rear of your house, leaving the radio or TV on while you are away, owning a dog or appearing as if a dog lives there and notifying a trusted neighbor when on vacation. Nextdoor.com is a great tool to stay informed about what is going on in your neighborhood. Stay safe!

Criminal Activity

Police Community Relations Office …..858-538-8120
Suspected Arson …….. 800-472-7766 (47ARSON)
Gangs ……..619-531-2847
Graffiti …….. 619-525-8522
Non-emergency crime ……..858-484-3154

MMTC Looking for New 2016 Business Members

Let us help your business GROW!

As an official MMTC business member, We would like to have highlights about your business in our newsletter. Contact the editor for more information. Not a member? Complete business application on the last page.

(Newsletter@miramesatowncouncil.org)

New Ad Rates—Business Card Size
One Issue - $25.00,
Three Issues (Buy 2, Get 1 Free) - $50.00,
Full Year - $150.00 (Buy 6, Get 5 Free) - To place an ad contact:
Newsletter@MiraMesaTownCouncil.org

Business Members Directory

Foodstuff

Finest City Kettlecorn
8729 Blue Lake Drive
San Diego, CA 92119
(619) 480-0880 Tom Yanagihara
poppingcorn@cox.net

Gabina's Cuisine
4902 Royal Island Way
San Diego, CA 92154
(619) 948-0815 Amy Aquino
gabinascuisine@gmail.com

Kona Ice Little San Diego
12906 Hideaway Lane
San Diego, CA 92131
(858) 275-3075 John Rodriguez
jrod@kona-ice.com.

YogurtLand Mira Mesa
8220-F Mira Mesa Blvd
San Diego, CA 92126
(858) 566-6100
YLMiraMesa@gmail.com

Personal/Family Service

Being Fit Fitness Centers
8292 Mira Mesa Blvd
San Diego, CA 92126
(858) 549-3456
beingfitmm@hotmail.com

Brengel Productions
11975 Thomas Hayes Ln.
San Diego, CA 92121
619-985-4094 Ted Brengel
dtb@TedBrengel.com

California Real Estate & Mortgage
9460 Mira Mesa Blvd #L
San Diego, CA 92126
(619) 309-7883 Al Karim Shivji
al@sd-realtor.com

Magical Moments Professional DJ Services
7435 Andasol St. SD, CA 92126
(858) 353-1287 Mark James,
Djmarkjames@aol.com

Mira Mesa Chamber of Commerce
P. O. Box 261848
San Diego, CA 92196
(858) 429-5759 Bari Vaz
info@MiraMesaChamber.com

Mira Mesa Lanes
8210 Mira Mesa Blvd
San Diego, CA 92126
(858) 578-0500 Christy Balla
cballa@miramesalanes.com

Mobile Notary Public
8490 Westmore Rd., Ste. 354
San Diego CA 92126
858-361-9096 Linda Smith
lsmithnotary@att.net

Mojo's Gymnasium
8830 Miramar Rd., Ste. C
San Diego CA 92126
(858) 527-0445 Joseph Conti
mojosgym1@hotmail.com

Relay for Life/Mira Mesa Ranch Peñasquitos
(858) 382-4245 Gail M Hernandez
giggles030553@yahoo.com

SICFIT San Diego
8990 Miramar Rd., Ste. 150
San Diego, CA 92126
(858) 225-5850 Allison Barragan
allison@sicfitsandiego.com

Clubs

Black Mountain Democratic Club
P.O. Box 261988
San Diego, CA 92126
(858) 689-9185 Jerry Ollinger
jerryollinger@hotmail.com

Friends of Los Peñasquitos Canyon Preserve Pat Watkins
pwatkins2008@gmail.com

Kiwanis Club of Scripps Mira Mesa
9974 Scripps Ranch Blvd., Ste. 28
San Diego, CA 92131
(858) 752-2338 Marcelle Rhinesmith
mnmfish@sbcglobal.net

Mira Mesa Girl Scouts
11451 Westonhill Drive San Diego CA, 92126. (858) 336-3181. Kathi Sheldon
kathiisshopping@hotmail.com

Mira Mesa Girls Softball
PO Box 261857, San Diego, CA 92196-1857. (858) 382-8306 Kristi Navarez,
mmgirlssoftball@gmail.com.

*** Mira Mesa Theatre Guild**
P.O. Box 261482
San Diego, CA 92196-1482
(858) 222-4815 Trey Barkley
info@miramesatheatreguild.org

Mira Mesa West Little League
8820 Scorpius Way SD, CA 92126
(858) 342-9398
marybethmacnaughton@gmail.com

Mira Mesa Women's Club
P.O. Box 26013 San Diego, CA 92196
(858) 217-6411 Charlene Ellsworth
San Diego, CA 92126
mmwomensclub@yahoo.com

Mira Mesa Youth Baseball
PO Box 261344 San Diego, CA 92126.
(858) 699-3705. Carlos Weckmann IV
miramesayouthbaseball@hotmail.com.

San Diego Clown Conspiracy
10444 Cheviot Ct
San Diego, CA 92126
(858) 433-7421 Edward Estrin
lomaxaclown@gmail.com

San Diego Executive Lions Club
12414 Darkwood Rd.
San Diego, CA 92129.
(858) 231-3561. Helen Quintanilla
lionheleng@gmail.com.

Education

Mira Mesa High School Foundation
PMB 264 10606-8 Camino Ruiz
San Diego, CA 92126
858-735-3923
miramesahighschoolfoundation.org

San Diego Miramar College
10440 Black Mountain Rd.
San Diego, CA 92126
(619) 388-7358 Sonny Nguyen
tvnguyen@sdccd.edu

Cambridge Learning Center,
10717 Camino Ruiz Ste 140
San Diego, CA 92126-2362. (619) 501-5501. William Do
cambridgecenter@yahoo.com.

United Studios of Self Defense
9870 Hibert St., Ste. D7
San Diego, CA 92131
(858) 271-8677 Collin Purple
ussdscripps@gmail.com

White Tiger Kung Fu
9605 Kearny Villa Rd., Ste. B
San Diego, CA 92126
(858) 695-1640 Dan Luong
info@whitetigerworld.com

Church/Faith Ministries

Buddhist Tzu Chi Foundation
5754 Pacific Center Dr., Ste. 202
San Diego, CA 92121
(858) 546-0578 Peggy Joh
tzuchisandiego.calendar@gmail.com

Christ Community Church
9535 Kearny Villa Rd., Ste 101
San Diego, CA 92126
(858) 549-2479 Darrell Dunlap
pastordarrell@gotochrist.com

Christ the Cornerstone Lutheran Church and Academy
9028 Westmore Road
San Diego, CA 92126
858 566-1741 Rev. Stewart. Reimnitz
School: info@ctc-academy.org
Church: www.ctc-church.org

Community Bible Church
9625 Black Mountain Rd., Ste. 307
San Diego, CA 92126
(858) 549-7729 Pastor Brendan Prout
brendan.prout@sandiegocbc.org

Mira Mesa Christian School
9696 Candida St
San Diego, CA 92126
(858) 578-0262 Terri Clark
admin@miramesacs.com

Mira Mesa First Assembly of God
9696 Candida St
San Diego, CA 92126
(619) 829-4487 Barbara Lorrigan
lorrigans@hotmail.com

Mira Mesa Presbyterian Church (MMPC) Pastor Brad Roth
8081 Mira Mesa Blvd
San Diego, CA 92126
(858) 578-2150
mmpcusa@sbcglobal.net

Newbreak Church
10791 Tierrasanta Blvd., Ste. 104
San Diego, CA 92124
(858) 576-0007 Darrel Larson
darrel@newbreak.org

River of Faith Ministries
9938 Via Pasar Ste. 200
San Diego, CA 92126
(858) 527-0014 Lorna Ignacio
lornat.ignacio@yahoo.com

San Diego Children's Choir
6635 Flanders Dr., Ste H
San Diego, CA 92121
(858) 587-1087 Donna Icenhower

Medical/Dental Services

Children's Dentistry of San Diego
10717 Camino Ruiz Ste 103
San Diego, CA 92126
(858) 536-1111 Tina Nguyen
fos4@sunnysmilez.com

Miramar Chiropractic and Health Center
Dr. Robert Simmons
9550 Black Mountain Rd., Ste. E
San Diego, CA 92126
(858) 566-2446
simmons_chiro@sbcglobal.net

Operation Samahan Inc,
2835 Highland Ave Ste B,
National City CA 91950,
(858) 356-8383, Mohammad Rahman,
acct@operationsamahan.org.

Planned Parenthood of the Pacific Southwest Jamie Schroer
1075 Camino del Rio South
San Diego, CA 92108
(619) 881-4654
jschroer@planned.org

Sorrento Valley Pain Relief Center
5955 Mira Mesa Blvd., Ste. D
San Diego, CA 92121
(858) 404-5944 Ameet Bhatia
svprc@yahoo.com

Turning Point Pregnancy Resource Center
5440 Morehouse Dr., Ste. 2000
San Diego CA 92121
(858) 457-7800 Camille Cassin
camille@mmpregnancy.org

Contributing Business Members

*** Collins Family Jewelers Inc.**
8220 Mira Mesa Blvd., Ste A
San Diego, CA 92126
858-578-6670 Cynthia Collins
cynthiacfj@sbcglobal.net

Motec Auto Care
7936 Carroll Rd., Ste. A
San Diego, CA 92121
(858) 578-4300 Debbie Wright
debbie@motecautocare.com

California Coast Builders
2204 Garnet Ave., Ste. 204
San Diego, CA 92109
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Cookie Lee
14528 Glenville St.
Poway, CA 92064
(858) 231-2439 Christina Zamora
czamora65@gmail.com

Country Inn and Suites
5975 Lusk Blvd
San Diego, CA 92121
(858) 200-1954. Rhiza Vinoya
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Easy Turf
2750 La Mirada Drive
Vista, CA 92081 Heather Ruvolo
(760) 745-7026 x341
hruvolo@easyturf.com

Ecovivarium
PO Box 261640 San Diego, CA 92196.
(619) 933-1213. Tom Derr
tomd@ecovivarium.org

EF International
10455 Pomerado Rd., Ste. M-4
San Diego, CA 92131
(858) 689-9700 Tania Tucharsky
tania.tuchapsky@ef.com

Hawaiian Crafts and Gifts,
7752 Backer Rd San Diego, CA 92126.
(858) 344-4792 Vanina Danga,
thecandlewahine@yahoo.com.

Home Depot, Jerry Tretera
jerry_r_tretera@homedepot.com

Instant Imprints / Grant Bertoson
6635 Flanders Dr., Ste. A
San Diego, CA 92126
MiraMesa@InstantImprints.com

Luxury Auto Body of Miramar
9450 Camino Ruiz, San Diego, CA
92126. (858) 549-9450. Ron Melanson
ron@luxuryab.com

Mathnasium Math Learning Center
9460 Mira Mesa Blvd. Suite J
SD, CA 92126
858 800-4284 Archi Kapoor
miramesa@mathnasium.com

Mira Mesa Shopping Center
8294 Mira Mesa Blvd
San Diego, CA 92126
(858) 271-4682 Brett Feuerstein
brett@mesacenters.com

Mission Federal Credit Union
8198 Mira Mesa Blvd.
San Diego, CA 92126.
(858) 524-2850. William Holbrook
WilliamH@missionfed.com

Phamatech
10151 Barnes Canyon Rd.
San Diego, CA 92121
(858) 643-5555 Ricky McCabe
rmccabe@phamatech.com

Property Gallery
(858) 271-8400 Marvin Miles
mmiles5050@aol.com

Rancho Costa Verde
1257 Titan Court, San Diego CA 92026.
(760) 277-2622. Janett Johnson,
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13881 Highway 8 Business
El Cajon CA 92021
(619) 561-3110 Kim Pauley
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8250-B Mira Mesa Blvd
San Diego, CA 92126
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8240 Mira Mesa Blvd., Ste. G
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TOPS / Richard Prouty
proutyr@live.com

Vulcan Materials Western Division
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(323) 474-3202 Michael Linton
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*** Walgreens Pharmacy**
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San Diego, CA 92126
(858) 437-0761 Eric Nau
Mgr.11654@store.walgreens.com

Xanesti Technology Services LLC
11075 Ice Skate Pl
San Diego CA 92126
(800) 804-6852, John Horst

*** Businesses offering discounts to MMTC members**

Collins
FAMILY JEWELERS
Proud to be one of
Mira Mesa's
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Family owned and operated
in the Mira Mesa Mall
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Mira Mesa's personal family jeweler
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Mira Mesa Town Council
PMB 230
10606-08 Camino Ruiz
San Diego, CA 92126

issues@miramesatowncouncil.org
www.MiraMesaTownCouncil.org

Please send items for publication to:
newsletter@miramesatowncouncil.org

Mira Mesa Town Council — Annual Membership Application

Primary Member/Contact Name _____

Companion Member Name(s) _____

Business/Corporation Name _____

E-mail Address _____

Address _____

Phone Number _____

City _____

State/Zip Code _____

Business/Cell Number _____

Date _____

Membership Type (check one):

❑ Individual ❑ Companion ❑ Senior/Military/Student ❑ Corporate/Business
❑ Combined MMTC/MMCC (Corporate/Non-Profit Only)

If you choose a joint membership with the Mira Mesa Chamber of Commerce, you will be contacted to provide additional information required for your Chamber application. Joint memberships are restricted to Corporation/Business or Non-Profit organizations.

Rates (annual membership begins July 1 and ends June 30): $20 Annual Dues
(Pro-rated membership applies to first time members only; all renewals are for the full amount)

Any resident, business, or non-profit may join the Mira Mesa Town Council; members with addresses outside the Mira Mesa Community will be non-voting associate member. The Mira Mesa Town Council is a non-profit volunteer organization. Membership dues are used to defray the cost of operations such as printing and distributing the newsletter, maintaining the website (www.MiraMesaTownCouncil.org) and other approved council expenses.
Amount $_____ Cash / Check #_____ ($25 fee for all returned checks)

Join Between:	Individual	Companion/Senior Military/Student	Corp/Bus	Corp/Bus Joint MMCC	Non-Profit Joint MMCC
July 1 - Sept 30	$20.00	$10.00	$50.00	$150.00	$90.00
Oct 1 - Dec 31	$15.00	$7.50	$37.50	$112.50	$67.50
Jan 1 - Mar 31	$10.00	$5.00	$25.00	$75.00	$45.00
Apr 1 - June 30	$5.00	$2.50	$12.50	$56.25	$22.50

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2016 MMTC Board
The 2016 MMTC Board can always use your expertise and input. Come join the team and share your ideas to help Mira Mesa improve services to our community, Want to serve? Join our directory? Contact parliamentarian Jon Labaw at parliament@miramesatowncouncil.org.

The MMTC would like to thank the Mira Mesa Shopping Center, LLC for their continuing support in providing postage for the MMTC newsletter.